

CURRICULUM VITAE

R U B E E N A Z A K A R

MBBS, MPS, PHD (Public Health)

PROFESSOR OF PUBLIC HEALTH

UNIVERSITY OF THE PUNJAB, LAHORE

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EDUCATIONAL QUALIFICATIONS

YEAR	NAME OF DEGREE	DEGREE AWARDING INSTITUTION
1998	MBBS (with 8th position) (Bachelor of Medicine and Bachelor of Surgery)	Sindh Medical College Karachi University (Pakistan)
2006	MPS (with Gold Medal) (Master in Population Sciences)	Department of Population Sciences, Institute of Social and Cultural Studies, University of the Punjab, Lahore (Pakistan)
2012	PhD in Public Health (with <i>Summa cum Laude</i>, a Latin Expression for “Highest Distinction”)	Department of Public Health Medicine, School of Public Health, Bielefeld University, Germany
2022-24	Post-Doctoral Fellowship (with distinction)	Foundation for Advancement of International Medical Education and Research (FAIMER Institute), U.S.A.

AREAS OF RESEARCH AND TEACHING INTERESTS

- Maternal and child health/ Reproductive health
- Epidemiology & Biostatistics
- Family Health and Social Wellbeing
- Population Dynamics
- Violence against women and women’s health
- Sociology of health and illness
- Environmental health and air pollution
- Vitamin D deficiency and health of population
- Gender mainstreaming in energy sector
- Health and Human rights
- Human Nutrition and Dietetics
- Gender in international perspective
- Health care resource utilization among women
- Applied Statistics and SPSS

NATIONAL/ INTERNATIONAL DISTINCTIONS/ AWARDS

1998	8 th Position in Final MBBS
2006	University Gold Medalist
2008-12	Doctoral Scholarship from Heinrich Boell Foundation, Germany
2012	PhD with <i>Summa cum Laude</i>
2012	Best Dissertation Research Award Wesfaellichen Lippen University Society, Germany
2013	Best Research Award from International AOK Germany
2022-24	International FAIMER Institute, USA Award

UNIVERSITY LEVEL TEACHING & RESEARCH EXPERIENCE IN NATIONAL/INTERNATIONAL ORGANIZATIONS

YEAR	DESIGNATION	EMPLOYING INSTITUTION
Jan 2000 - Oct 2006	Research Associate	Research Organization, Pakistan
Oct 2006 - June 2012	Research Associate	Department of Public Health Medicine, School of Public Health, Bielefeld University, Germany
July 2012 – August 2014	Assistant Professor	Institute of Social and Cultural Studies, University of the Punjab, Lahore
August 2014 – to August 2014	Associate Professor	Institute of Social and Cultural Studies, University of the Punjab, Lahore
August 2014- To Date	Professor	Department of Public Health, University of the Punjab, Lahore

COURSES TAUGHT

TITLE OF COURSE	LEVEL	INSTITUTION
Women's health in international perspective	MSc	School of Public Health, Bielefeld University, Germany
Gender and health	MSc	School of Public Health, Bielefeld University, Germany
Research methods	MSc	School of Public Health, Bielefeld University, Germany
Reproductive health & Population aging	MPhil	Institute of Social and Cultural Studies, University of the Punjab
Quantitative research methods & Quantitative data analysis	MPhil/ PhD	Institute of Social and Cultural Studies, University of the Punjab
Applied Bio-Statistics/Advance Epidemiology	PhD	Institute of Social and Cultural Studies, University of the Punjab
Qualifying Paper	PhD	Institute of Social and Cultural Studies, University of the Punjab
Sociology of Health and Illness	MPhil/BS/MSc	Institute of Social and Cultural Studies, University of the Punjab/Faculty of Sociology, Bielefeld University Germany
Epidemiology/Biostatistics	MPhil/BS	Department of Public Health University of the Punjab

PROFESSIONAL EXPERIENCE OF WORKING IN DIFFERENT BODIES

September 2024- To date	Member	Punjab Skill Development Authority
December 2020- To date	Member	Institutional Ethical Review Board, University of the Punjab
January 2022 – To date	Section Editor	PLOS One (an international journal in the field of Public Health)
January 2021-To date	Associate Editor	PLOS One and PLOS Global Health
January 2020- To date	Academic Editor	Bio-Med Central (BMC) Public Health
January 2021-Todate	Topic Editor	Frontiers in Women’s Health
September 2020- Sep 2023	Member	Advance Studies and Research Board (ASRB), University of the Punjab
August 2018- To date	Convener	Board of Studies Institute of Social & Cultural Studies, University of the Punjab, Lahore
August 2018- To date	Convener	Departmental Program Coordination Committee, Institute of Social & Cultural Studies, University of the Punjab, Lahore
March 2020- To date	Member/Reviewer	Review Panel for Social, Behavioral and Economical Sciences, Higher Education Commission, Pakistan
May 2019- To date	Member	Board of Studies, Social Sciences, Virtual University
May 2020- To date	External Reviewer	Courses Development for BS Sociology, Virtual University
August 2017- To date	Member	Board of Faculties, Faculty of Behavioural and Social Sciences, University of the Punjab, Lahore
Feburay 2019-Jan 2020	Reviewer	Evaluation of Resaerch Awards, Higher Education Comission, Islamabad
May 2017-Nov 2018	Member	Board of Studies Faculty of Health Sciences, University of the Punjab, Lahore
October 2016-Dec 2018	Member	Expert Review Committee Punjab Higher Education Commission
March 2018-August 2019	Member	Child Protection and Welfare Bureau for preparing the Child Protection Policy, Govt of the Punjab
October 2018- To-date	Member	Co-Curricular Activities, University of the Punjab, Lahore
Feb 2018-August 2019	Member	Review, Evaluate and recommend the cases for appointment of Professor Emeritus by the Syndicate, University of the Punjab, Lahore.
September 2020- to-date	Member	Advance Studies and Research Board (ASRB), University of the Punjab, Lahore.

Nov 2016- To-date	Focal Person from PU	Pink Ribbon Day, United Against Breast Cancer
August 2017- to date	Expert	Selection Committee of Lecturer/Assistant Professor/Associate Professor/ Professor at LCWU, VU, UMT, GCU
January 2015 to to-date	Reviewer/Expert	Reviewer of various international Journals including BMC Public Health, International Journal of Gynecology and Obstetrics, Frontiers in Public Health etc.

LEADERSHIP/ ADMINISTRATIVE EXPERIENCE

INSTITUTION	POSITION HELD	PERIOD	
		FROM	TO
Institute of Social & Cultural Studies, University of the Punjab, Lahore	Director	16 August 2018	12 Dec 2024
Faculty of Health Sciences, University of the Punjab, Lahore	In-charge Dean	April 2018	October 2018
Department of Public Health, University of the Punjab, Lahore	Coordinator	April 2013	August 2018
Student Advancement Fund Endowment (SAFE) funded by PEP Foundation New York, USA	Executive Director	May 2015	To Date

INTERNATIONAL EXPERIENCE

YEAR	DESIGNATION	INSTITUTION
Oct 2025- to date	Member	Global Consortium on Discrimination at Higher Education Institutions
Aug 2024-to date	Member	Guideline Development Group on Violence Against women, WHO Geneva
Sep 2020- to date	Member	Global Consortium on Digital Health Literacy
May 2015- May 2018	Program Coordinator	Arizona State University, USA
June 2016 – July 2016 June 2017- July 2017	Guest Professor	Faculty of Sociology, University of Bielefeld, Germany
Dec 2014- Dec 2015	Workshop Organizer	International Center for Journalists, Washington DC, USA
Oct 2006 - June 2012	Research Associate	Department of Public Health Medicine, School of Public Health, Bielefeld University, Germany

Jan 2012- Dec 2014	As Supervisor on <i>Violence against Women</i> Research Line in Violence Research and Development in cross Cultural Perspective	International Centre for Violence Research, Bielefeld University, Germany with financial support of German Federal Ministry for Economic Cooperation and Development (BMZ)
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ACTIVITIES

- Instrumental in establishing international collaboration of University of the Punjab with Bielefeld University Germany, Erfurt University Germany, Arizona State University, USA, Queen Mary University, UK, and Hunan Normal University, China.
- Established Department of Public Health at University of the Punjab
- Established Center for Research on Sustainable Development Goals at University of the Punjab
- Organize volunteer social events such as Pink Ribbon Awareness Days for Women's Health.
- Media live talk shows, Live streaming [web-based media channels] for creating health awareness among masses
- PhD Viva Voice External examiner
- Reviewer for many international and national peer reviewed journals
- Associate Editor, BMC Public Health (an international peer reviewed flagship journal in the field of Health and Medicine)
- Section Editor & Academic Editor, PLOS One (an international peer reviewed flagship journal in the field of Health and Medicine)
- Academic Editor, PLOS Global Public Health Editorial Board (an international peer reviewed flagship journal in the field of Health and Medicine)
- The International Council for Harmonisation of Technical Requirements for Pharmaceuticals for Human Use (ICH) Good Clinical Practice (GCP) Certification

IMPACT THROUGH PRINT & ELECTRONIC MEDIA

List of articles in popular magazines or newspapers or talks in TV Shows

S. No.	Date	Title	Name of Magazine/ Newspaper / talks in TV/Radio
1	Oct 2025	Talked on work-family life balance for working women	PTV
2	Oct 2025	Talked about women harassment	Nukta Pakistan
3	Sep 2025	Talked on cervical cancer awareness	Sama TV
4	Feb 2025	Talked about women empowerment	PTV
5	May 2024	Talked about awareness on ovarian cancer	Dunya TV
6	8 th September, 2022	talked about Reproductive health issues of mothers and girls	PTV Punjabi program "Aj da Mehman"
7	14 th August, 2022	talked about youth education and capacity building	PTV Program
8	17 th May, 2022	Documentary on International	VOA Urdu

Day of Families			
9	29 th March, 2022	Documentary on Intolerant behavior of society	Sama News
10	28 th February, 2022	Comments in Newspaper article on Literate or illiterate: Empower them to curb domestic violence	Published in daily newspaper "THE NEWS"
11	12 th October, 2021	Views on "International Day of the Girl Child"	Program "Jaggo Lahore" on Lahore
12	25 th August, 2021	Participated in Discussion	Program "Qutab Online" on Samma TV
13	13 th August, 2021	Participated Independence Day Broadcast	PU FM 104.6 (Radio Program)
14	9 th May, 2021	Participated in "Mother's Day"	Program "Such Bata Doon" on 7 News
15	1 st May, 2021	Participated in a Program on COVID	Program "Such Bata Doon" on 7 News
16	19 th March, 2021	Interview Published in daily Newspaper	Newspaper "Jahane Pakistan"
17	14 th March, 2021	Interview Published in Periodical	Women Times
18	19 th November, 2020	Participated in morning show on Divorce	Program "Neo Pakistan" on "Neo Tv"
19	21 st October, 2020	Participated in a TV Program on Covid Preventive Measures	Tv "City42"
20	2 nd October, 2020	Participated in a Tv Program on Education	Program "Kohenoor@9" on "Kohenoor News"
21	14 th June, 2020	Article Published on Health Awareness Campaign	Newspaper "Daily Times"
22	30 th October, 2019	Article Published on Community Mobilization	Daily Business Recorder
23	25 th October, 2019	Article Published on Polio obstacle for achieving SDGs	Daily Express Tribune
24	4 th October, 2019	Article Published on Control Population Growth	Daily Dawn
25	12 th April, 2019	Article Published on Call for making digital world safer	Daily Pakistan Observer
26	4 th March, 2019	Article Published on Child Marriages	Daily Dawn

RESEARCH PUBLICATIONS	
Total publications: 180; Total impact Factor: 360; Total Citations: 5045, i10- Index= 93, h-Index= 40	
120 PUBLICATIONS IN INTERNATIONAL PEER-REVIEWED JOURNALS	
AUTHORS AND ARTICLE TITLE	IMPACT FACTOR
Saleem J, Zakar R , Butt MS. et al. High-dose vitamin D3 to improve outcomes in the convalescent phase of complicated severe acute malnutrition in Pakistan: a double-blind randomised controlled trial (ViDiSAM). (2025).Nat Communication 16, 2554.	14.7/JCR
Noreen N., Zakar R , Yousaf U, Saqlain Z., Farhat M, & Fischer F. (2025). Factors shaping women’s political participation in Pakistani society: an in-depth exploration. Journal of Gender Studies, 1–20.	2.5/JCR
Rehman AU, Zakar R. , Hani U. et al. (2025). Sociocultural determinants of health-associated quality of life among Afghan refugees in Pakistan: evidence from a multi-stage cross-sectional study. BMC Public Health 25, 880.	4.5/JCR
R Zakar , NM Zakar, R Shahzad, A Tekian, F Fischer. (2025). Community health needs assessment: findings from a community-university partnership strengthening program on maternal and child health in Pakistan. BMC Public Health 25 (1), 654	4.5/JCR
J Saleem, R Zakar , S Iqbal, M Arshad, R Shahzad, et al. (2024). Effects of prebiotics on microbial diversity and abundance in young children with acute malnutrition: study protocol for a multi-centered, double-blinded randomized controlled Trial. Trials 25 (1), 798.	2.1/JCR
Q Ahsan, J Saleem, M Ishaq, R Zakar , S Abbas, R Shahzad, et al., (2024). Determinant factors and coping strategies for depression among pregnant women: an intervention-based qualitative study in Lahore, Pakistan BMC psychiatry 24 (1), 829	3.4/JCR
R Zakar , S Iqbal. (2024). Social determinants of women’s health in low and middle income countries. Frontiers in Global Women's Health 5, 1482047.	2.3/JCR
AU Rehman, R Zakar , MZ Zakar, U Hani, F Fischer. (2024). Protocol for a cross-sectional study on factors affecting health-related quality of life among Afghan refugees in Pakistan. F1000Research 10, 971.	X
M Arshed, A Mahmud, H Minhat, P Lim, R Zakar . (2024). Effectiveness of a Multifaceted Mobile Health Intervention (Multi-Aid-Package) in Medication Adherence and Treatment Outcomes Among Patients With Hypertension in a Low- to Middle-Income Country: Randomized Controlled Trial. JMIR Mhealth Uhealth 2024;12:e50248.	5.4/JCR
Saleem, J., Zakar, R. , Butt, M.S. et al. (2024). Application of the Boruta algorithm to assess the multidimensional determinants of malnutrition among children under five years living in southern Punjab, Pakistan. BMC Public Health 24, 167 (2024). https://doi.org/10.1186/s12889-024-17701-z	4.51/JCR
Butt, M.S., Saleem, J., Zakar, R. et al. (2024). Comparison of physical activity levels and dietary habits between women with polycystic ovarian syndrome and healthy controls of reproductive age: a case-control study. BMC Women's Health 24, 29 (2024). https://doi.org/10.1186/s12905-023-02866-3	2.8/JCR
Ullah, K., Saleem, J., Zakar, R. , Ishaq, M., Khattak, F. A., Majeed, F., ... & Fischer, F. (2024). Exploring the reasons for defaulting from childhood immunization: a qualitative study in Pakistan. BMC Public Health, 24(1), 408.	4.51/JCR

Shahbaz S, Zakar R , Howard N. (2024). Anaesthesia provision challenges in public hospitals of Pakistan's Punjab province: a qualitative study of expert perspectives <i>BMJ Open</i> 2023;13:e075108. doi: 10.1136/bmjopen-2023-075108	2.9/JCR
Zakar, R. , Shahzad, R., Tariq, F. et al. (2024). Online-based survey on health literacy and health situation of school principals and vice principals in Pakistan during the COVID-19 pandemic. <i>Discov Public Health</i> 21, 8	0.51/JCR
Ullah, K., Saleem, J., Zakar, R. et al. (2024). Exploring the reasons for defaulting from childhood immunization: a qualitative study in Pakistan. <i>BMC Public Health</i> 24, 408. https://doi.org/10.1186/s12889-024-17926-y .	4.13/JCR
Jabeen, S., Zakar, R. , Zakar, M. Z. , & Fischer, F. (2024). Experiences of family caregivers in dealing with cases of advanced breast cancer: a qualitative study of the sociocultural context in Punjab, Pakistan. <i>BMC Public Health</i> , 24(1), 1030	4.51/JCR
Sattar, T., Mahmood, Q. K., & Zakar, R. (2024). The shadow pandemic: exploring the indigenous factors behind life-threatening and trivial intimate Partner violence during COVID-19 in South Punjab, Pakistan. <i>Quality & Quantity</i> , 58(3), 2479-2497.	2.15/JCR
S Iqbal, S Maqsood, R Zakar , F Fische. (2023). Trend analysis of multi-level determinants of maternal and newborn postnatal care utilization in Pakistan from 2006 to 2018: Evidence from Pakistan Demographic and Health Surveys. <i>BMC Public Health</i> , 23(1), 1-25.	4.51/JCR
MB Alam, M Shahid, BI Alzghoul, J Yang, R Zakar , NI Malik, A Bibi. (2023). The Effects of Financial Stress and Household Socio-Economic Deprivation on the Malnutrition Statuses of Children under Five during the COVID-19. <i>Children</i> 10(1), 1-12.	2.83/JCR
Batool, M., Saleem, J., Zakar, R. et al. (2023). Relationship of stunting with water, sanitation, and hygiene (WASH) practices among children under the age of five: a cross-sectional study in Southern Punjab, Pakistan. <i>BMC Public Health</i> 23, 2153. https://doi.org/10.1186/s12889-023-17135-z	4.13/JCR
Sattar, Mahmood, Q, R Zakar. (2023).The shadow pandemic: exploring the indigenous factors behind life-threatening and trivial intimate Partner violence during COVID-19 in South Punjab, Pakistan/ <i>Quality and Quantity</i> .	1,2
Rizvi, S. Shah, G., Rubeena Zakar ,... (2023). Characterizing Social Determinants of Maternal and Child Health: A Qualitative Community Health Needs Assessment in Underserved Areas. <i>Healthcare</i> 11(2224):1-16	2.01
Arshad, M., Rubeena Zakar, et al. (2023). Efficacy of mHealth and education-led peer counseling for patients with hypertension and coronary artery disease in Pakistan: study protocol for a double-blinded pragmatic randomized-controlled trial with factorial design. <i>Trials</i> 24(1):448	2.5
Rubeena, Z. , et al. (2023).The Effects of Financial Stress and Household Socio-Economic Deprivation on the Malnutrition Statuses of Children under Five during the COVID-19 Lockdown in a Marginalized Region of South Punjab, Pakistan” <i>Children</i> : 10 (1) https://doi.org/10.3390/children10010012	2.83
Rubeena, Z. , et al. (2022). Patients’ perception of the pharmacovigilance system: A pre-diagnostic and post-interventional cross-sectional survey,” <i>Frontiers in Pharmacology</i> , 13. https://doi.org/10.3389/fphar.2022.936124 .	6.61
Butt, M. S., Kuklane, K., Saleem, J., Zakar, R. , Bukhari, G. M. J., & Ishaq, M. (2022). Evaluation of Occupational Exposure to Heat Stress and Working Practices in the Small and Mid-Sized Manufacturing Industries of Lahore, Pakistan. <i>Avicenna</i> , 2022(1), 5.	3.36

Shahbaz, S., Zakar, R. , Fischer, F., & Howard, N. (2022). Professional obstacles to anesthesiology practice in Punjab, Pakistan: Qualitative study of consultant anesthesiologists' perspectives. <i>International Journal of Environmental Research and Public Health</i> , 19(20), 1–12. https://doi.org/10.3390/ijerph192013427	3.364
Jafeery S. R., Rubeena Zakar , Rafiq N. Momeena A. (2022). WhatsApp-Delivered Intervention for Continued Learning for Nurses in Pakistan During the COVID-19 Pandemic: Results of a Randomized-Controlled Trial. <i>Frontiers in Public Health</i> 10:739761	3.02
Butt, M., Saleem, J., Aiman, S., Zakar, R. , Sadique, I., & Fischer, F. (2022). Serum anti-Müllerian hormone as a predictor of polycystic ovarian syndrome among women of reproductive age. <i>BMC Women's Health</i> , 22(1), 1-9. doi: 10.1186/s12905-022-01782-2	1.353
Mahmood, Q., Sohail, M., Qureshi, W., Zakar, R. , Wrona, K., & Fischer, F. (2022). Role of positive mental health in reducing fears related to COVID-19 and general anxiety disorder in Khyber Pakhtunkhwa, Pakistan. <i>BMC Psychology</i> , 10(1), 1-8. doi: 10.1186/s40359-022-00869-7	2.588
S. Iqbal, Rubeena Zakar , F. Fischer, M.Z. Zakar. Consanguineous Marriages and their Association with Women's Reproductive Health and Fertility Behavior in Pakistan: Secondary Data Analysis from Demographic and Health Surveys, 1990-2018. Published in <i>BMC Women's Health (Accepted)</i> . https://orcid.org/0000-0002-4388-1245	2.81
Zakar, R. , Momina, A. U., Shahzad, R., Shahzad, S., Hayee, M., Zakar, M. Z., & Fischer, F. (2022). COVID-19 Vaccination Acceptance in the Context of the Health Belief Model: Comparative Cross-Sectional Study in Punjab, Pakistan. <i>International Journal of Environmental Research and Public Health</i> , 19(19), 12892.	3.36
J. Tariq, M.V. Ali, Rubeena Zakar , A. Sajjad, H. Tariq. Institutional Environment of Old Age Homes and Its Relation to Adjustment of Older Adults: Evidence from Pakistan. Published in <i>Journal of Aging & Environment</i> . (2020): 1-13. https://doi.org/10.1080/26892618.2020.1858385	
Abbass. Rubeena Zakar , Florian F., Gillani, A. Challenges perceived by nursing professionals in physician-centred organizations: An exploratory qualitative study <i>International Nursing Review</i> , 1-8. (2022)	2.43
Zakar, R. , Momina, A. U., Shahzad, S., Hayee, M., Shahzad, R., & Zakar, M. Z. (2022). COVID-19 Vaccination Hesitancy or Acceptance and Its Associated Factors: Findings from Post-Vaccination Cross-Sectional Survey from Punjab Pakistan. <i>International Journal of Environmental Research and Public Health</i> , 19(3), 1305.	3.36
Rubeena Zakar , M. Z. Zakar, K. Dadaczynski, and Orkan Okan. Digital health literacy and its association with anxiety among students in Pakistan. <i>European Journal of Public Health</i> 31, no. Supplement_3 (2021): ckab165-175. https://doi.org/10.1093/eurpub/ckab165.175	3.34
Saleem J, Rubeena Zakar , Bukhari GM, Naz M, Mushtaq F, Fischer F. Effectiveness of Ready-to-Use Therapeutic Food in Improving the Developmental Potential and Weight of Children Aged under Five with Severe Acute Malnourishment in Pakistan: A Pretest-Posttest Study. <i>International Journal of Environmental Research and Public Health</i> . (2021); 18(17): 9060. https://doi.org/10.3390/ijerph18179060	3.36
Rehman, Atta Ur, Rubeena Zakar , Muhammad Zakria Zakar, Ume Hani, and Florian Fischer. Protocol for a cross-sectional study on factors affecting health-related quality of life among Afghan refugees in Pakistan. <i>F1000Research</i> 10, no. 971 (2021): 971. https://doi.org/10.12688/f1000research.73005.1	2.29

Shahbaz, Sumbal, Rubeena Zakar , and Florian Fischer. Anesthesia Health System Capacities in Public Hospitals of Punjab, Pakistan. <i>INQUIRY: The Journal of Health Care Organization, Provision, and Financing</i> 58 (2021): 00469580211059740. https://doi.org/10.1177/00469580211059740	1.73
S. Maqsood, S. Iqbal, Rubeena Zakar , M.Z. Zakar, F. Fischer. Determinants of Overall Knowledge and Health Behaviors Towards Hepatitis B and C Among Ever-Married Women in Pakistan: Evidence Based on Demographic and Health Survey 2017–18. Published in <i>BMC Public Health</i> (2021).	3.26
J. Saleem, Rubeena Zakar , F. Mushtaq, G.M.J. Bukhari, F. Fischer. Comparative analysis of developmental profile between normal and severe acute malnourished under-five children in Pakistan: a multi-center cross-sectional study. <i>BMJ Open</i> 11: e048644 http://dx.doi.org/10.1136/bmjopen-2021-048644	2.69
S. Abbas, N. Isaac, M. Zia, Rubeena Zakar , F. Fischer. Determinants of Women’s Empowerment in Pakistan: Evidence from Demographic and Health Surveys, 2012–13 and 2017–18. Published in <i>BMC Public Health</i> . https://DOI:10.1186/s12889-021-11376-6	3.26
J. Saleem, Rubeena Zakar , G.M.J. Bukhari, A. Fatima, F. Fischer. Developmental Delay and Its Predictors Among Under-Five Uncomplicated Severe Acute Malnourished Children: A Cross-Sectional Study in Rural Areas of Pakistan. <i>BMC Public Health</i> . (2021), 21: 1. https://10.1186/s12889-021-11445-w	3.26
A.U. Rehman, Rubeena Zakar , M.Z. Zakar, U. Hani, F. Fischer. Role of the Media in Health Related Awareness Campaigns on Perceptions of COVID-19: A Pre-Post Study in the General Population of Pakistan. <i>Front. Public Health</i> 9:779090. doi: 10.3389/fpubh.2021.779090	3.71
Rubeena Zakar , F. Yousaf, M.Z. Zakar, F. Fischer. (2021). Socio-cultural challenges in the implementation of COVID-19 public health measures: Results from a qualitative study in Punjab, Pakistan. <i>Frontiers in Public Health</i> . 9(703825). https://doi.org/10.3389/fpubh.2021.703825	3.71
S. Iqbal, Rubeena Zakar , F. Fischer. Extended Theoretical Framework of Parental Internet Mediation: Understanding Socio-Ecological Predictors Using Multiple Theoretical Stances. Published in <i>Frontiers in Psychology</i> . (2021), 12:620838. https://doi.org/10.3389/fpsyg.2021.620838	2.99
H. Ali, Rubeena Zakar , K. Junaid, A. Khan, F. Fischer. Frequency and reasons for delayed treatment initiation after HIV diagnosis: Cross-sectional study in Lahore, Pakistan. Published in <i>BMC Public Health</i> . ISSN: 1471-2458, https://doi.org/10.1186/s12889-021-11031-0	3.26
S. Omer, Rubeena Zakar , M.Z. Zakar, F. Fischer. Influence of Social and Cultural Practices on Maternal Mortality: A Qualitative study from South Punjab, Pakistan. Published in <i>BMC Reproductive Health</i> . ISSN: 1742-4755. https://doi.org/10.1186/s12978-021-01151-6	3.22
S. Shahbaz, M.Z. Ashraf, Rubeena Zakar , F. Fischer. Psychosocial, emotional and professional challenges faced by female healthcare professionals during the COVID-19 outbreak in Lahore, Pakistan: a qualitative study. Published in <i>BMC Women’s Health</i> (2021). 21, 197. ISSN: 1472-6874 https://doi.org/10.1186/s12905-021-01344-y	2.81
S. Shahbaz, S. Ashraf, Rubeena Zakar , M.Z. Zakar, F. Fischer. Psychosocial Effects of the Covid-19 Pandemic and Lockdown on University Students: Understanding Apprehensions Through a Phenomenographic Approach. Published in <i>Plos One</i> (2021). 16(5): e0251641. ISSN: 1932-6203. https://doi.org/10.1371/journal.pone.0251641	3.24
Rubeena Zakar , S. Iqbal, M. Zakria Z., F. Fischer. COVID-19 and Health Information Seeking Behavior: Digital Health Literacy Survey Amongst University Students in Pakistan. Published in <i>International Journal of</i>	3.39

<i>Environmental Research and Public Health</i> . (2021), 18, 4009. https://doi.org/10.3390/ijerph18084009	
J. Saleem, M. Ishaq, Rubeena Zakar , I. H. K. Suddahazai, F. Fischer. Experiences of frontline Pakistani emigrant physicians combating COVID-19 in the United Kingdom: a qualitative phenomenological analysis. Published in <i>BMC Health Services Research</i> (2021) 21:291. https://doi.org/10.1186/s12913-021-06308-4	2.65
S. Rizvi.J, Rubeena Zakar , H. Ahsan, M. Mustafa, F. Fischer. Impact of microfinance health interventions on health-related outcomes among female informal workers in Pakistan: a retrospective quasi experimental study. Published in <i>BMJ Open</i> : (2021);11: e043544. http://dx.doi.org/10.1136/bmjopen-2020-043544	2.69
S. Iqbal, Rubeena Zakar , F. Fischer. Predictors of parental mediation in teenagers' internet use: a cross-sectional study of female caregivers in Lahore, Pakistan. Published in <i>BMC Public Health</i> . (2021): 21:317. https://doi.org/10.1186/s12889-021-10349-z	3.26
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S. Iqbal, Rubeena Zakar . Psychological and Behavioral predictors of Parental Internet Mediation. Published in <i>IOSR Journal of Humanities and Social Science</i> . (2020): Volume 25, Issue 1, Series. 4, 24-31. DOI:10.9790/0837-2501042431	
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S. Abbas, S. Qureshi, R. Safdar, R Zakar . Peoples' Perceptions about Visiting Sufi Shrine in Pakistan. Published in <i>South Asian Studies</i> , (2013): Vol. 28, No. 2, pp. 369-387.	X
A. Jalil, R Zakar , S. Qureshi. Physical wife abuse in rural Sindh, Pakistan: prevalence, protective and risk Factors. Published in <i>Journal of Research Society of Pakistan</i> . (2013) 50(1), 171-186.	Y
M. Zakria Z., Qureshi S, R Zakar , Saleem R. Unsafe Injection Practices and Transmission risk of Infectious Diseases in Pakistan: Perspectives and Practices. Published in <i>Journal of Pakistan Vision</i> , (2013): 14(2). http://pu.edu.pk/images/journal/studies/PDF-FILES/Artical-2_v14_no2_13.pdf	Y
S. Qureshi, S. Abbas, R. Safdar, R Zakar . Gender responsive budgeting in Pakistan: Scope and challenges. Published in <i>Journal of Research Society of Pakistan</i> . (2013): Vol. 50, No. 1. http://pu.edu.pk/images/journal/history/PDF-FILES/Article%2001%20Shazia.pdf	Y
M. Zakria Z., Qureshi S, Ullah R, R Zakar , Aqil N, Manawa R. Universal Primary Education in Pakistan: Constraints and Challenges. Published in <i>South Asian Studies</i> , (2013); 28(2). http://journals.pu.edu.pk/journals/index.php/IJSAS/article/viewFile/2898/1142	X
A. Yunus, S. Iqbal, R. Munawar, R Zakar , S. K. Mushtaq, F. Sadaf, A. Usman. Determinants of Postnatal Care Services Utilization in Pakistan- Insights from Pakistan Demographic and Health Survey (PDHS) 2006-07. Published in <i>Middle-East Journal of Scientific Research</i> , (2013): 18(10): 1440-1447. http://www.idosi.org/mejsr/mejsr18(10)13/11.pdf	--
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PUBLISHED CONFERENCE PROCEEDINGS

- Zakar Muhammad Zakar, Rubeena Zakar, Taha Itani, Alexander Krämer. Paternal factors associated with adverse birth outcomes: Evidence from Pakistan Demographic and Health survey. Mainz//2011. 56. Jahrestagung der Deutschen Gesellschaft für Medizinische

Informatik, Biometrie und Epidemiologie (gmds), 6. Jahrestagung der Deutschen Gesellschaft für Epidemiologie (DGEpi). Mainz, 26.-29.09.2011. Düsseldorf: German Medical Science GMS Publishing House; 2011. Doc11gmds252 DOI: 10.3205/11gmds252, URN: urn:nbn:de:0183-11gmds2528 It is available on <http://www.egms.de/static/en/meetings/gmds2011/11gmds252.shtml>

- Zakar Rubeena, Muhammad Zakar Zakar, Taha Itani, Alexander Krämer. Determinants of maternal health care service utilization in Pakistan. Mainz//2011. 56. Jahrestagung der Deutschen Gesellschaft für Medizinische Informatik, Biometrie und Epidemiologie (gmds), 6. Jahrestagung der Deutschen Gesellschaft für Epidemiologie (DGEpi). Mainz, 26.-29.09.2011. Düsseldorf: German Medical Science GMS Publishing House; 2011. Doc11gmds251. DOI: 10.3205/11gmds251, URN: urn:nbn:de:0183-11gmds2511 It is available on <http://www.egms.de/static/en/meetings/gmds2011/11gmds251.shtml>

PUBLISHED BOOKS/CHAPTERS IN EDITED BOOKS

1. Zakar, R., Shahzad, R., Zakria Zakar, M., & Momina, A. U. (2023). Epidemiology and Social, Economic and Environmental Impacts of COVID-19 in Pakistan. In Covid-19 pandisziplinär und international: Gesundheitswissenschaftliche, gesellschaftspolitische und philosophische Hintergründe (pp. 451-472). Wiesbaden: Springer Fachmedien Wiesbaden.
2. S.R. Jafree, **Rubeena Zakar**, S. Anwar. Women's Role in Decision-Making for Health care in South Asia. Published in *The Sociology of South Asian Women's Health*. (2020). pp 55-78, https://doi.org/10.1007/978-3-030-50204-1_4
3. Zakar Muhammad, Rubeena Zakar, Florian Fischer. (2013). Klimawandelbedingte Wasserknappheit: Auswirkungen auf Gesundheit durch politische und soziale Konflikte In: Klimawandel und Gesundheit – Internationale, nationale und regionale Herausforderungen und Antworten. Jahn HJ, Krämer A, Wörmann T (Eds); Berlin, Heidelberg: Springer: 153–175. https://doi.org/10.1007/978-3-642-38839-2_10
4. Rubeena Zakar (2012). Intimate Partner Violence against Women and its Implications for Women's in Pakistan. Disserta Verlag: Hamburg

REVIEWER FOR PEER-REVIEWED JOURNALS

- Associate Editor, (Member of Editorial Board), BMC Public Health (International Flagship Journal)
 - Academic Editor, PLOS Global Health
 - Member, Editorial Board, BMC International Health and Human Rights
 - Associate Editor, PLOS One
 - Associate Editor, Frontiers in Public Health and Frontiers in Women's Health
- I am acting as reviewer for the following international peer-reviewed journals:

- British Medical Journal
- PLOS One
- Canadian Journal of Behavioral Sciences
- Journal of Family Violence
- International Journal of Gynecology and Obstetrics
- British Journal of Gynecology and Obstetrics
- BMC Journals

LIST OF PHD SCHOLARS PRODUCED (Supervised 40 Research Theses)

SR NO.	NAME OF SCHOLAR	TOPIC OF THESIS	DATE OF NOTIFICATION
1.	Safdar Abbas	Social Dynamics of Medical Pluralism in Treatment of Cancer and its Appraisal in Punjab	Ph.D.(R)/215/2024
2.	Saira Tariq	Evidence-informed Policy Formulation and Implementation: Comparative Study of Public Health Policies for Improving Healthcare in Punjab	Ph.D.(R)/228/2024
3.	Raabia Khan	Prevalence and Risk Factors of Spousal Violence During Covid-19 Pandemic in Punjab: A Sociological Analysis	Ph.D.(R)/238/2024
4.	Hina Maqbool		
5.	Bedar Bakht	Childhood Vaccination in Punjab: Exploring the Mismatch between Drivers of Supply and Demand : A mixed Method Study	Ph.D.(R)/150/2024
6.	Abiha Imran	Social Support, Hope and Resilience as Predictor of Quality of Life among Chronic Kidney Disease Patients in Lahore, Pakistan	Ph.D.(R)/201/2024
7.	Muhammad Nasir	Assessment of Emergency Preparedness of Tertiary care Hospitals amid COVID-19 Pandemic: A mixed Method Study of Punjab Province	Ph.D.(R)/193/2024
8.	Muhammad Aamer Aslam	Modeling in Epidemic Dynamics and Control of Covid-19. An Analysis of Public Health policies and Intervention to Combat Covid-19 in Pakistan	PhD.(R)/127/2024 13-05-2024
9.	Munir Ahmad Zia	Lived Experience of Failed Suicide Bombers in Pakistan: A Phenomenological Studies	Ph.D.(R)/97/2024 15-04-2024
10.	Anila Iram	Involuntary Childlessness: An investigation of Coping Strategies, Psycho social Adjustment and Quality of Life among Childless Couples in District Gujarat	Ph.D.(M)/139/2024 20-06-2024
11.	Muhammad Babar Alam	Financial Constraints, Household deprivation and Nutritional Status of Pre-school Children during COVID-19 Pandemic: A mixed Methods Study in Bahawalpur Division, Punjab Pakistan.	Ph.D.(R)/07/2024 11-01-2024
12.	Sidra Abbas	Perception of Nurses about their Professional Self-Concept	Ph.D. (R)/72/2024 18-03-2024
13.	Sumbal Shahbaz	Assessment of Anesthesia Health System Capacity and Efficacy in Public Hospitals of Punjab, Pakistan	Ph.D.(R)/63/2023 14-04-2023
14.	Tehseen Zamir	Continuum of Care Model in Maternal Health Care Utilization in Lahore, Pakistan	Ph.D.(R)/146/2023 17-07-2023
15.	Sadia Jabeen	Delayed Presentation of Breast Cancer Cases in Punjab Province within the	Ph.D.(R)/30/2023 13.02.2023

Context of Sociological Model			
16.	Hafiz Abdul Rafah Razaq	Household Food Insecurity and Nutritional Status of Children aged 6-59 Months in Rural Nankana Sahib	Ph.D.(R)/269/2022 20-10-2022
17.	Jawad Tariq	Relocation Autonomy and its Relationship to Elderly Well-being in Old Age Homes of Punjab	Ph.D.(R)/124/2022 23-05-2022
18.	Huma Tabassum	Occupational Injuries and Work-Related Disorders of Construction Workers of Pakistan: Influence of Risk Factors for health and Safety Performance	Ph.D.(R)/260/2022 13-10-2022
19.	Ain ul Momina	Anti-Quackery Mandate of Punjab Healthcare Commission: Challenges and Opportunities	Ph.D. (R)/215/ 2022 1/09/2022
20.	Muhammad Farooq	Socio-Legal Analysis of Risk-Taking Driving: A Study of Public Service Vehicle Drivers in Pakistan	Ph.D. (R)/01/ 2022 03/01/2022
21.	Yasir Saeed	Exposure of Violence among Youth and their Coping Strategies: A Multilevel Analysis of Risk and Protective Factors	Ph.D. (R)/213/2021 24/09/2021
22.	Rizwana Umair	Consanguineous Marriage and Child Health: Knowledge, Attitude, and Actions of Parents: A Case Study of Gujranwala	Ph.D. (R)/193/2021 26/08/2021
23.	Muhammad Haroon Rafique	Ur Challenges of Implementation of Child Rights to Participation According to Un convention on the Right of the Child in Pakistan	Ph.D. (R)/80/2021 18/03/2021
24.	Iram Manzoor	Parental Counseling for Thalassemia Major and its effects on Termination of Pregnancy in Lahore	Ph.D. (R)/65/2020 20-06-2020
25.	Sarosh Iqbal	Parental Mediation in Internet Use and Resilience among their Teenagers	Ph.D. (R)/19/2020 02-03-2020
26.	Muhammad Abdullah	Association of Health Literacy with Self-Rated Health and Subjective Wellbeing	Ph.D. (R)/56/2020 22-06-2020
27.	Sidra Maqsood	Social Support and Emotional Intelligence as Predictors of Work Family Life Enrichment	Ph.D.(R)/227/2020 20-12-2019
28.	Sumera tul Hasan	Effectiveness of Community Based Approach for the Achievement of Universal Primary Health Care: Perceptions of Mothers	Ph.D.(R)/183/2019 26.11.2019
29.	Sonia Afzal	The Socio-cultural Factors of Maternal Mortality within The Context of Three Delays Model in South Punjab Pakistan	Ph.D.(R)/204/2019 12/12/2019
30.	Aisha Jalil	Patient Satisfaction with Diabetologist's Conduct and Competence in Public Outdoor Clinic for Diabetes in Lahore	Ph.D.(R)/01/2018 16/01/2018
31.	Hussain Ali	Cultural Barriers in Assessing Maternal Health Care Services in Malakand, Pakistan	Ph.D.(R)/15/2017 21/03/2017
32.	Qaiser Khalid Mehmood	Use of Social Network Site as a Source of Social Capital among Youth: A Cross Sectional Study of University Students in	Ph.D. (R)/99/2017 27-12-2017

		Lahore	
33.	Arfan Latif	Developmental Assets and its Implications on Youth Development among Public Sector Colleges in Lahore	Ph.D.(R)/100/2017 27/12/2017
34.	Javeria Saleem Malik	Developmental Screening and Nutritional Intervention of Services Acute Malnourished Children on Southern Punjab, Pakistan	Ph.D.(R)/14/2016 12/03/2016
35.	Tehmina Sattar	Social predictor for academic performance of high school students in southern Punjab (Pakistan)	Ph.D.(R)/139/2016 31/12/2016
36.	Sara Rizvi Jafree	Nurse Perceptions of Organizational Culture and Its Influence on Error Reporting Evidence from Pakistan Public Healthcare Sector	Ph.D.(R)/139/2015 31-12-2015

LIST OF M PHIL STUDENT SUPERVISED (200 MPhil Theses Supervised)					
SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
1.	M.Phil P.H. 2018-20	01	Rabia Khalid	Health Belief Model Regarding Causes Prognosis and Treatment of Dengue Fever: A Qualitative Study Conducted in Lahore	2018-20
2.	M.Phil P.H. 2018-20	07	Qutat Ul Ain	Clinical Application of Nightingale's Theory at Jinnah Hospital in Lahore, Pakistan	2018-20
3.	M.Phil P.H. 2018-20	11	Rabiya Javaid	Relationship Between Mental Health Status and Life Satisfaction among Health Care Providers in Lahore	2018-20
4.	M.Phil P.H. 2018-20	14	Faiza Yousaf	Occupational Functioning Deficits in Patients of Chronic Kidney Disease (CKD) Being Treated with Hemodialysis and Impact of Hemodialysis Frequency on Occupational Functioning	2018-20
5.	M.Phil P.H. 2018-20	15	Saima Arshad	Awareness, Attitudes, and Behaviors Regarding Seasonal Influenza Prevention and Vaccination among Medical and Social Science Students Studying at Punjab University in Lahore Pakistan	2018-20
6.	M.Phil P.H. 2018-20	16	Batool Zahra Rizvi	Social and Biological Determinants of Myopia Among Adolescents in Lahore	2018-20
7.	M.Phil P.H. 2018-20	21	Hira Tariq	A Qualitative Study to Explore the Psycho- Social Determinants of Insensitive Behavior of Educated Person Towards Harassment in Public Place	2018-20
8.	M.Phil P.H. 2018-20	27	Huma Shehzad	To determine the relationship between breakfast, academic performance and Behavior in Adolescents	2018-20
9.	M.Phil P.H. 2018-20	30	Kiran Qamar	Knowledge Perception and Cultural Myths About Diabetic Patients in MYO Hospitals Lahore	2018-20
10.	M.Phil P.H.	40	Abdul	Factors Associated with Gestational	2018-20

	2018-20		Qayuuum	Diabetes in Central Punjab	
11.	M.Phil P.H. 2018-20	41	Ammara Khalid	Weight Gain in Adolescents and its Relationship with Fast Food Consumption in Lahore, Pakistan	2018-20
12.	M.Phil P.H. 2018-20	59	Maida Niaz	Knowledge, Attitude and Practice of Parents in Reference to the Nutritional Status of Children from 10 to 14 Years of Age and its Association with Their School Performance in Gujranwala, Pakistan	2018-20
13.	M.Phil P.H. 2017-19	10	Amina Rasheed	Assessment of work family conflicts between female doctors and their families in Pakistani population	2017-19
14.	M.Phil P.H. 2017-19	57	Unum Aslam	Transfusion Transmitted Infection in Blood Donors of Lahore and Phenomenon of Blood donation A Mixed Method Study	2017-19
15.	M.Phil P.H. 2017-19	16	Ruhma Bint- e-Shahzad	Why traditional or Alternative Medicine? Health Seeking Behavior in Lahore Pakistan	2017-19
16.	M.Phil P.H. 2017-19	54	Sadia Khan	Hospital Acquired Infections: Prevalence and Associated Risk Factors	2017-19
17.	M.Phil P.H. 2017-19	56	Rabia Nazim	Frequency and Socio demographic Risk Factors Associated with Postnatal Depression	2017-19
18.	M.Phil P.H. 2017-19	37	Sara Inam	Right to Access to healthcare: experiences of transgender in Lahore, Punjab, Pakistan	2017-19
19.	M.Phil P.H. 2017-19	41	M. Rizwan Ullah	Analyzing the Patient Satisfaction Of Performance Of Primary Health Care Services For Maternal Health At District Okara	2017-19
20.	M.Phil P.H. 2017-19	50	Shahzad Amir	Analysis of potential factors influencing EPI Implementation in Punjab, Pakistan	2017-19
21.	M.Phil P.H. 2017-19	30	Naseem Noor Elahi	The infertility in female's urban population of DG Khan and Its Associated Risk Factors and Help Seeking Behavior	2017-19
22.	M.Phil P.H. 2017-19	02	Areeba Riaz	Impact of Health Education on Enhancing School Going Children's Knowledge, Attitude and Practice of Hand Hygiene in Lahore Pakistan: A Pre-Test Post Design	2017-19
23.	M.Phil P.H. 2017-19	53	Fatima Islam	Comparison of health care delivery system in the Advantageous and disadvantageous areas of Lahore	2017-19
24.	M.Phil P.H. 2017-19	47	Iqra Abbas	Psychosocial Experiences of Adolescents with diabetes mellitus: A Phenomenological Study	2017-19
25.	M.Phil P.H. 2017-19	44	Mahnoor Farukh	Association of Anthropometric Data Dietary and Lifestyle Practices with Comorbidities among Patients of Schizophrenia in Lahore	2017-19

26.	M.Phil P.H. 2017-19	24	Ghulam Abbas	Effects of negative emotions and life events on women's miss carriage	2017-19
27.	M.Phil P.H. 2017-19	20	Syed Zaheer Ul Hassan	Assessment of Health Status and Social Determinants Associated with Old Age People Residing in Lahore	2017-19
28.	M.Phil P.H. 2017-19	06	Iqbal Hussain Dogar	Clinical Application of Justification and Optimization (ALARA) Principle in Pediatric CT Imaging to Avoid Unnecessary Radiation	2017-19
29.	M.Phil P.H. 2017-19	58	Shahzad Ahmad	Frequency of Patients Satisfaction About Different Healthcare Services in Free Medical Camp	2017-19
30.	M.Phil P.H. 2017-19	19	Mohsin Arshad	Frequency of HIV and Factors Associated With its Positivity in Prisoners of a Selected Jail of Punjab	2017-19
31.	M.Phil P.H. 2017-19	40	Sadia Afzal	Assessing the Quality of Life Among the Survivors of Road Accidents in Lahore	2017-19
32.	M.Phil P.H. 2017-19	21	Saima Salim Malik	Coordinated School Health in Perspective Of Multicultural Academic Challenges For South Asians In Arar-Ksa	2017-19
33.	M.Phil P.H. 2017-19	55	Sana Tahir	Oral Health in Patients with Hepatitis B/C Infections in Lahore Pakistan a Cross Sectional Study	2017-19
34.	M.Phil P.H. 2017-19	22	Muhammad Ijaz Hussain	Prevalence of Depression in Post-graduate trainees in tertiary care hospital of Pakistan	2017-19
35.	M.Phil P.H. 2016-18	29	Khadija Tahira	Assessment of Knowledge, Attitude and Practice Regarding Occupational Hazards Among Medical Laboratory Workers in Lahore Pakistan	2016-18
36.	M.Phil P.H. 2016-18	26	Sana Sattar	Determination of Barriers to Adherence to Hart in Pakistan Patients With HIV/AIDS in Lahore Pakistan	2016-18
37.	M.Phil P.H. 2016-18	47	Tahira Mariam	Work Family Conflict and Effect on Woman Quality of Life	2016-18
38.	M.Phil P.H. 2016-18	52	Assia Riaz	Comparative Assessment of Awareness, Knowledge, Attitude and Practices of Health Care Waste Management among Paramedical Staff Finding from Lahore Pakistan	2016-18
39.	M.Phil P.H. 2016-18	35	Khunsa Junaid	Frequency and Associated Factors of Depression among HIV/AIDS Patients Department of Jinnah Hospital Lahore Pakistan	2016-18
40.	M.Phil P.H. 2016-18	38	Hassan Ali	Frequency and Reason for Delayed HIV Medical Care After Diagnosis among HIV infected Patients in Lahore Pakistan	2016-18
41.	M.Phil P.H. 2016-18	01	Farhan Zaib	Knowledge, Attitude and Willingness to Treat Patients with HIV/AIDS in Dental Surgeons of Punjab	2016-18
42.	M.Phil P.H. 2016-18	02	Afzaal Bashir	Social Avoidance After Recovery from Facial Burns Camouflage Strategies among Young Female	2016-18

43.	M.Phil P.H. 2016-18	06	Humaira Nawaz	Knowledge and Health Seeking Behavior about Cataract Disease among Rural Population	2016-18
44.	M.Phil P.H. 2016-18	07	Amna Hassan	Hospital Waste Disposal Protocols and Their Associated Risk to Human Health and Environment in a Tertiary Care Hospital in Punjab	2016-18
45.	M.Phil P.H. 2016-18	08	Falak Shan	Knowledge, Attitude and Behavioral Response towards Swine Flu among the People of Lahore	2016-18
46.	M.Phil P.H. 2016-18	17	Fizza Ramzan	Prevalence and Risk Factors Associated with Low Back Pain among Nurses A Cross Sectional Survey	2016-18
47.	M.Phil P.H. 2016-18	19	Qurat Ul Ain	Factors affecting the utilization of T.T vaccine among pregnant women in Punjab	2016-18
48.	M.Phil P.H. 2016-18	21	Sidra Shafique	Nutritional Status among Children in Primary Schools of Sargodha	2016-18
49.	M.Phil P.H. 2016-18	22	Ayesha Jamil	Prevalence of Acne and Its Psychosocial Effect on The Quality of Life of Teenage Students in School and College: A Cross Sectional Study	2016-18
50.	M.Phil P.H. 2016-18	25	Anum Khursheed	A Knowledge, Attitude and Practice Analysis of Tuberculosis among Cholistan Nomads and Veterinary Professionals in Cholistan Desert of Pakistan: Perceptions and Diagnosis in Resource Poor Setting	2016-18
51.	M.Phil P.H. 2016-18	27	Aqeela Shaheen	Prevalence of Anemia and its Associated Factors Among Pregnant Woman Attending Antenatal Care at DHQ Hospital, Kasur	2016-18
52.	M.Phil P.H. 2016-18	28	M. Omar Pasha	Cost of Treatment in Severe Head Injury Patients following Road Traffic Accidents	2016-18
53.	M.Phil P.H. 2016-18	30	Amna Mahmood	Prevalence and Risk Factors of Child Cataract in Lahore	2016-18
54.	M.Phil P.H. 2016-18	31	Hussam Ishtiaq	Prevalence of Depression among Stroke Patients and its Relationship with Demographic and Stroke Characteristics	2016-18
55.	M.Phil P.H. 2016-18	33	Iqra Shakeel	Barriers to the Prevention of Vision loss due to Diabetic Retinopathy in Poor Communities	2016-18
56.	M.Phil P.H. 2016-18	36	Samer Fatima	A Qualitative Study on Perceptions and Experiences of Migraine Patients in Lahore	2016-18
57.	M.Phil P.H. 2016-18	37	Sahrish Saleem	A Study on Socio-environmental Determinants of Thyroid Disorders in Patients of Private Hospitals of Lahore, Pakistan	2016-18
58.	M.Phil P.H. 2016-18	39	Ahad Muhamad Ali	Fleeting Masculinity: An Expiratory Study of How Masculinity is Perceived by Infertility	2016-18

59.	M.Phil P.H. 2016-18	41	M. Usman Haider	Assessment of Food Concepts, Nutrition Education and Life Style Practices of Students	2016-18
60.	M.Phil P.H. 2016-18	49	Muhammad Imran	Outcomes of Facial Skin Lesions Presented Beauty Salons	2016-18
61.	M.Phil P.H. 2016-18	50	Naveed Shoukat	Factors Associated with contraceptive use in married women: A cross sectional regional survey	2016-18
62.	M.Phil P.H. 2016-18	59	Abdul Jabbar	Diphtheria Situation in Punjab 2014-2018 Pakistan	2016-18
63.	M.Phil P.H. 2015-17	45	Abida Bashir	The Domain of Stigma: Its Impact on the Quality of Life of The Diagnosed Patients in Punjab	2015-17
64.	M.Phil P.H. 2015-17	60	Ahmad Mohammed Dirie	Status and Factors Associated with Hepatitis B and C Among Blood Donors A Retrospective Study in Lahore	2015-17
65.	M.Phil P.H. 2015-17	41	Anum Arooj Tariq	Health Related Quality of Life and Depression in HCV Positive Adult Males	2015-17
66.	M.Phil P.H. 2015-17	12	Faraz Rashid	Biochemical Aspect and Hematopoietic System of Workers of Occupational Exposure to Emissions from Photocopiers in Commercial Copy Shops in Vicinity of Lahore	2015-17
67.	M.Phil P.H. 2015-17	30	Farooq Manzoor	Knowledge, Attitude, and Practices of General Population Towards Non-Communicable Diseases: (Hypertension and Diabetes) In Lahore	2015-17
68.	M.Phil P.H. 2015-17	40	Fatima Asghar Cheema	Prevalence and Determinants of Self Medication for RTI and Diarrhea Among Children Under Five Years of Age in Lahore Pakistan	2015-17
69.	M.Phil P.H. 2015-17	10	Muhamad Imran Qureshi	Measles Risk Assessment A Guide Towards Measles Outbreak Detection: Evidence Forms Measles Situation in Nine District of Punjab During 2017	2015-17
70.	M.Phil P.H. 2015-17	34	Muhammad Rizwan ul Zaman	Knowledge, Attitude and Practices of Cardiovascular Diseases Among the Urban Population of District Layyah	2015-17
71.	M.Phil P.H. 2015-17	24	Faryal Shahid	Determinants of Consanguinity and Association With B- Thalassemia A Mix Method Study in Lahore	2015-17
72.	M.Phil P.H. 2015-17	29	Hafiz Awais Gulshan	Violence Against Doctors in Teaching Hospitals of Lahore Punjab	2015-17
73.	M.Phil P.H. 2015-17	03	Huda Munir	Breast Cancer Knowledge, Screening Practices, and Potential and Screening barriers Experienced by the Rural Woman of Bahawalpur, Pakistan	2015-17
74.	M.Phil P.H. 2015-17	28	Iram Anwar	A Cross Sectional Study of LBW Predictors at Tertiary Care Hospitals in Lahore	2015-17
75.	M.Phil P.H. 2015-17	13	Kalsoon Tariq	Smartphone Usage Among School Going Children (5-16 Years) and its Effects on Their Wellbeing in Lahore Pakistan	2015-17

76.	M.Phil P.H. 2015-17	52	Qurat Ul Ain Aleem	Adequacy of Nutrient INT AKE in School Going Children in Lahore	2015-17
77.	M.Phil P.H. 2015-17	09	Rabiah Mahwish	Morbidity Patterns Among Industrial Workers Admitted in the Social Security Hospital Lahore	2015-17
78.	M.Phil P.H. 2015-17	53	Sadaf Ifitkhar	Psychosocial (Occupational) Hazards as Predictors of Job Performance of Hospital Staff Nurses: A Cross Sectional Study of Tertiary Care Hospital of Lahore	2015-17
79.	M.Phil P.H. 2015-17	48	Sidra	Mothers Satisfaction with Institutional Childbirth Care and Associated Factors at Hospital of Lahore	2015-17
80.	M.Phil P.H. 2015-17	43	Waseem Haider	Food Safety Practices of Food Handlers in Canteens of King Edward Medical University and its Allied Hospitals	2015-17
81.	M.Phil P.H. 2015-17	35	Zarnab Qaisar	Nutritional Assessment of Primary School Children (5-10Years) in District Lahore	2015-17
82.	M.Phil P.H. 2015-17	02	Alina Baig	Shattering the Silence on Violence: Orphaned Children and Adolescents Sexual Abuse Awareness Potential Practices and Prevention among Future Social Workers and Doctors	2015-17
83.	M.Phil P.H. 2015-17	18	Furqan Saleem	Evaluation of Polio Vaccination Cold Chain Practices in Pakistan	2015-17
84.	M.Phil P.H. 2015-17	44	Nabeel Ahmed Maqbool	Knowledge, Attitude, Behavior and practices of TB Patients in Punjab	2015-17
85.	M.Phil P.H. 2014-16	04	Farhana Kausar	Factors Affecting Utilization of Postnatal Care among Reproductive age Group Woman in Multan, Pakistan	2014-16
86.	M.Phil P.H. 2014-16	05	Saba Asghar	Factors Related to Domestic Violence During Pregnancy and its Association with Preterm Birth in Slum areas of Lahore, Pakistan	2014-16
87.	M.Phil P.H. 2014-16	09	Hfiz Muhammad Shiraz	Reforms in Health Sector of Pakistan	2014-16
88.	M.Phil P.H. 2014-16	15	Mamouna Faqir Hussain	Terrorism Emergency Preparedness: An Appraisal of Plan for Public Schools in District Lahore Punjab	2014-16
89.	M.Phil P.H. 2014-16	16	Sidra Sultan	Mothers Satisfaction with Institutional Childbirth Care and Associated Factors at Hospital of Lahore	2014-16
90.	M.Phil P.H. 2014-16	19	Muhammad Ali	Health Related quality of Life HR (Qol) of elderly people in urban setting of Lahore using Duke Health Profile	2014-16
91.	M.Phil P.H. 2014-16	26	Ayub Sabir	Experience of Domestic and School Violence among Children and its effects on Psychological Health of Children	2014-16
92.	M.Phil P.H. 2014-16	22	H. Saleem Faisal	Assessing Dietary Habits, Physical activity and life style behaviors and their	2014-16

			Shahzad	association with body Mass index among university students	
93.	M.Phil P.H. 2014-16	28	Syed Osama Talat	Incidence of Hepatitis C in Health care worker's after needle stick Injury	2014-16
94.	M.Phil P.H. 2014-16	32	Rahat Afza	Oral Health Knowledge, Attitude and Practices of Adolescent Female Students (Age 12-16YRS) of Government Schools in Lahore District, Pakistan	2014-16
95.	M.Phil P.H. 2014-16	37	Abdul Manan Dildar	Prevalence and Factors Associated with Irritable Bowel Syndrome Among Medical Doctors of Lahore Pakistan	2014-16
96.	M.Phil P.H. 2014-16	38	Irfan Ahmed	Factors affecting Utilization of family Planning Supplies Among Married Woman of Reproductive age Group in Rural Areas of District Kasur	2014-16
97.	M.Phil P.H. 2014-16	44	Abida Tehreem	The Association Between Socio Cultural Factors and Stigma Related to Infertility Among Reproductive Age Woman	2014-16
98.	M.Phil P.H. 2014-16	54	S. Kashif Raza Rizvi	Determinants of Community Acquired Pneumonia Among Children Under 5 Years of Age, Presented At tertiary Care Hospital of Lahore	2014-16
99.	M.Phil P.H. 2014-16	60	Mamata Bhattarai	Knowledge attitude practices and factors influencing exclusive breastfeeding among female health professionals working at tertiary care hospitals Lahore	2014-16
100	M.Phil P.H. 2013-15	66	Uzma Azeem	Factors associated with maternal mortality in Multan, Punjab	2013-15
101	M.Phil P.H. 2013-15	71	Uzma Manzoor	Nurses Job Satisfaction and Its Effects on Their Quality of Life	2013-15
102	M.Phil P.H. 2013-15	01	Maria Saman	Determinants and Risk Factors Associated with Chronic Kidney Disease Among Adult Population in Lahore	2013-15
103	M.Phil P.H. 2013-15	03	Rukia Tariq	Risk Factors and Associated Diseases of Overweight and Obesity Among 25-60 Year Woman in Lahore Pakistan (missing in 2018)	2013-15
104	M.Phil P.H. 2013-15	04	Salman Akram	Assessing Rational Practices of Antimicrobial at Primary Health Care Level of Pattoke	2013-15
105	M.Phil P.H. 2013-15	09	Usman Javed Iqbal	Maternal Risk Factors Associated with Low Weight Births in Tertiary Care Hospital of Lahore Pakistan	2013-15
106	M.Phil P.H. 2013-15	12	Sumbal Shehbaz	Social determinants of health in adolescent pregnancy and associated morbidities in semi urban Lahore	2013-15
107	M.Phil P.H. 2013-15	21	Kneez Zainab	Breast Feeding Practices Trend Factors in Upper Vs Lower Middle-class Families in Lahore Pakistan	2013-15
108	M.Phil P.H. 2013-15	30	Faisal Mansha Batth	Healthcare reforms in Punjab: Perspective and challenges	2013-15
109	M.Phil P.H. 2013-15	31	Rabail Kanwal	Provision of Antenatal Care to Reproductive Age Woman in Lahore-	2013-15

					GAPS & Challenges	
110	M.Phil P.H. 2013-15	37	Sheikh Asad Ali		Prevalence and Risk Factors Associated with Diarrhea in Children Under Five Years of age in a Small-Town Eminabad District Gujranwala Pakistan	2013-15
111	M.Phil P.H. 2013-15	40	Mudassar Fatima		Factors associated with Drug abusers in Shaikupura districts of Punjab	2013-15
112	M.Phil P.H. 2013-15	41	Anam Syed Gillani		Prevalence and factors associated with HBV infections among reproductive age women in Muzaffargarh	2013-15
113	M.Phil P.H. 2013-15	42	Alia Rani Sial		Determinants Knowledge and Attitude of Sexually Transmitted Diseases Among Adults of Lahore Pakistan	2013-15
114	M.Phil P.H. 2013-15	56	Noor Fatima		Association of Poor Quality among individuals With Diabetes Mellitus Attending Outpatient`s Clinic in Lahore	2013-15
115	M.Phil P.H. 2013-15	60	Nyla Altaf		Prevalence and Determinants of anxiety and Depression Among Adolescents A Comparative Study of male and Female Students (missing in 2018)	2013-15
116	M.Phil P.H. 2013-15	65	Alqa Rehman		Prevalence of Common Work-Related Musculoskeletal Disorders Among Computer Operators at Two Selected Software Houses	2013-15
117	M.Phil P.H. 2013-15	69	Zain Shahid		Prevalence & Determinants of Premature Pre-mature Births in tertiary Care Hospital in Lahore Pakistan	2013-15
118	M.Phil P.H. 2013-15	73	Sumiya Mashadi		Factors associated with muscular dysfunction among computer operators in Lahore	2013-15
LIST OF M. PHIL STUDENTS SUPERVISED IN EDUCATION POLICY & DEVELOPMENT						
119	Arousa Khan				Impact of Teachers' Self Efficacy on Students Motivation: A Case Study of Public and Private Schools Situated in Lahore"	2013-2015
120	Zunaira Imran				Predictors of Marks Obtained by Students in Secondary Schools	2013-2015
121	Mehak Jamshaid				The Pursuit of Pakistani Women for Higher Education: An Analysis or Pakistani and American Social Setups	2012-2014
122	Rabbia Khan				"Factors Associated with NON-Enrolment in School: A Comparative Study of Urban Slums of Okara and Lahore"	2012-2014
123	Hina Maqbool				Factors Associated with School Dropouts Primary and Secondary Level of Children Living in Urban Slums of Lahore	2012-2014
124	Shumaila Iqbal				Factor Affecting the Quality Education of Public Primary Schools of Southern Punjab Pakistan	2012-2014
125	Hassan Raza				Effect of Teaching and Learning Environment on Nurturing Education Capabilities among Students	2012-2014
126	Naseem Abbas				Measuring Student Satisfaction with Learning Environment: A study of University of the Punjab, Lahore	2012-2014
LIST OF M. PHIL STUDENTS SUPERVISED IN SOCIOLOGY						
127	Muhammad Shoaib Raza				Analyzing the Madrassa Education and Graduates' Perspective in their Employability Opportunities and challenges in Pakistan	2016-2018
128	Nimra Javed				Effect of Social Media on Students' Academic Performance and	2016-2018

		Life-Style: A Study of Punjab University"	
129	Maryam Majeed	Influence of Social Media Activism in Predicting Social Activism Orientation Among University Students	2016-2018
130	Tauheed Zahra	Anemia Related Practices and Perceptions among Pregnant Women in Lahore, Pakistan	2015-2017
131	Faiqa Seemab	Maintaining Democratic Civil Society: Examining the Role of Bonding and Bridging Social Capital in the Development of Community and Political Civic Engagement in University Students	2015-2017
132	Airaj Riaz	Social and Psychological Issues Experienced by Women Suffering from Breast Cancer	2015-2017
133	Ishtiaq Ahmad	Socio- Cultural Factors Affecting Maternal Health Care Services utilization in District Chiniot	2015-2017
134	Shifa	Disability among Women and their Quality of Life: Challenges and Coping Strategies	2015-2017
135	Nabila Bashir	Association between Adolescents' BMI and Food Choices in Response to Food Advertisements: A Cross Sectional Study in District Lahore	2015-2017
136	Razia Bashir	Awareness understanding of Breast Cancer risk factors besides knowledge attitude and performance (KAP) of BSE among University going female Students	2015-2017
137	Muhammad Kamran Hanif	Examining the Stress, Coping Strategies and Problems of Parents who have Children with Physical and Mental Disabilities	2015-2017
138	Iqra Sultana	Criminal Justice Response to Violence Against Women in Lahore, Pakistan	2015-2017
139	Ayesha Allah Ditta	The Influence of Empowerment and Gender Roles on Fertility Experiences of Women	2014-2016
140	Noman Isaac	Conspicuous Consumption of apparel Product in urban	2014-2016
141	Rabia Bashir	"Health Literacy and its association with the General health perceptions among University Students in Pakistan. (2014)	2012-2014
142	Sarosh Iqbal	Adolescent's perception about sexual and reproductive health (2014) (present in 2017)	2012-2014
143	Mehwish khalid	Effects of Organizational Environment on Employees' Turnover in Public and Private School Kasur, Pakistan. (2014)	2012-2014
144	Shaiba Arooj	Barriers in Utilization of Maternal Health Care in Muzaffarabad Azad State of Jammu & Kashmir. (2014)	2012-2014
145	Kanwal Iqbal	Role of Media (Television) in Shaping Perceptions and Attitudes of Educated People About Spousal Violence in Pakistani Society. (2014)	2012-2014

MAJOR RESEARCH PROJECTS CONDUCTED

YEAR	DESIGNATION	PROJECT	FUNDING ORGANIZATION
2024-2025	Training Advisor	Technical Assistant to Develop Standardized Training Framework for Healthcare Providers	Palladium
2019-2024	Co- Principal Investigator	Trial of high-dose Vitamin D in the treatment of complicated	Thresher Research Fund, Medical

		severe acute malnutrition	Research for Children, USA
2023	National Consultant	Documentation for Covid-19 and Lesson Learnt	Funded by UNICEF in collaboration of Contech International
2022	Principal Investigator	Technical Assistance to conduct an Institutional Capacity Building Assessment of the Primary and Secondary Health Department	Oxford Policy Management (OPM)
2021	Principal Investigator	Third Party Validation of Reach Every Door (RED-I) Campaign	Oxford Policy Management (OPM)
2021	Principal Investigator	Covid-19 Post Vaccination Survey: TA to Improve Health Service Delivery in Pakistan (Punjab) II A4540	Oxford Policy Management (OPM)
2021	Principal Investigator	COVID Health Literacy School Principal Survey	Organized by Global Digital Health Literacy Network
2020	Principal Investigator	COVID-19 and Digital Health Literacy among University Students	Organized by Global Digital Health Literacy Network
2019	Lead Consultant	Evaluation of Reach Every Community/Reach Every District in Pakistan	UNICEF
2019	Qualitative Expert	Midterm Evaluation of Project for Accelerating policy change, Translation and implementation for Pneumonia and Diarrhea Commodities in Pakistan.	UNICEF
2018	Principal Investigator	Assessment of Expansion of Family Welfare Centers and Community Based Family Planning Workers 2014-18	Director General Monitoring and Evaluation Planning and Development Department, Govt. of the Pujab
2018	Principal Investigator	Exploration of Socio-Cultural and Institutional Factors of Child Sexual Abuse in Kasur, Pakistan	Ministry of Human Rights, Government of Pakistan, Islamabad
2018	Trainer/Resource person	Gender violence and child marriages under the project Support for Capacity Development in the Criminal Investigative Services in Pakistan	German Society for International Cooperation (GIZ)
2018-2019	Principal Investigator	Evaluation of Mother and Child Health Week in Pakistan	UNICEF
2018	Resource Person/Trainer	Gender based violence and access to justice for women and juvenile	German Society for International

		under the project Support for Capacity Development in the Criminal Investigative Services in Pakistan II	Cooperation (GIZ)
2018	Trainer/organizer	3-day Capacity Building Training of Dasu Hydropower Project Team on Resettlement and Rehabilitation	WAPDA
2017-2018	Qualitative Research Expert	Health facility assessment survey Punjab	Policy and Strategic Planning Unit (PSPU), Primary & Secondary Healthcare Department Punjab
2016-2018	Program Coordinator	University Partnership Program between PU & Arizona State University, USA	Arizona State University
2017	Peer Reviewer	Landscape Analysis to provide insight on Barriers and facilitators to policy translation and Commodity access in the public and private sector.	UNICEF
2017	Co-Principal Investigator	Training Women and Men Lawyers to provide legal services to women, including minority women	USAID
2016-2017	Co-Principal Investigator	Evaluation of Post Doctorate Fellowship Programs	Higher Education Commission (HEC)
2016-2017	Co-Principal Investigator	Preparation of Initial Country Report of United Convention of Rights of persons with Disabilities	Oxfam Great Britain
2016-2017	Co-Principal Investigator	Research study for analysis of linkages between art and culture & sustainable development and peace and reconciliation in Pakistan	Danish Centre for Cultural and Development (CKU)
2015	Quantitative research expert	Gender mainstreaming in hydropower projects	World Bank
2015	Co-Principal Investigator	Development of curriculum on Human Right based approach to health for health professionals	World Health Organization
2014	Co-Principal Investigator	Childhood Immunization barriers in hard to reach areas in Punjab, Pakistan	World Health Organization
2013	Co-Principal Investigator	Enhancing Social Sustainability of Energy Development by Gender Mainstreaming in Energy Sector in Pakistan	World Bank
2013	Co-Principal Investigator	International covenant on economic, social and cultural rights (ICESCR)	Ministry of Law, Justice and Human Rights, Govt. of Pakistan.

2012-2014	As Supervisor on <i>Violence against Women</i> Research Line	Violence Research and Development in cross Cultural Perspective	International Centre for Violence Research, Bielefeld University, Germany with financial support of German Federal Ministry for Economic Cooperation and Development (BMZ)
2013	Qualitative Researcher	Rapid Assessment of Chief Minister's Health Initiative on Improving for Attainment and Realization of MDGs Project, Reduction of Maternal and Information Mortality	Technical Resource Fund (TRF)
2012	Co-Principal Investigator	Rapid Assessment on Children involved in the worst form of child labor in district Okara and Muzaffar Ghar, Punjab	ILO, Government of the Punjab (Pakistan)
2012	Gender Expert on Resettlement and Rehabilitation Issues	National Center on Resettlement and Rehabilitation, ISCS	World Bank
2010	Principal Investigator	Health care resources utilization by immigrant South Asian women in Germany	FOKO, School of Public Health, Bielefeld University, Germany
2004	Research Associate	Use of technology in improving reproductive health of rural women	Institute of Social and Cultural Studies, University of the Punjab, Lahore, Pakistan
2002	Research Associate	Use of unsafe injections and spread of Hepatitis B and C in Lahore and Kasur Districts (Pakistan)	Punjab AIDS Control Program

EXPERIENCE OF ESTABLISHING/ LAUNCHING NEW DEPARTMENTS/ PROGRAMS/ CENTERS

- **Established Department of Public Health at University of the Punjab, Lahore in April 2013**
- **Launched six BS (Hons) programs at Institute of Social & Cultural Studies, University of the Punjab Lahore**
 - BS Criminology
 - BS Demography
 - BS Nutrition & Dietetics
 - BS Public Health
 - BS Social Policy & Social Entrepreneurship
 - BS Workplace Health Promotion

- **Established two new centers at University of the Punjab, Lahore**
 - Center of Research on Maternal and Child health at Faculty of Health Sciences
 - Center for Research in Sustainable Development Goals at Institute of Social & Cultural Studies, University of the Punjab Lahore

EXTERNAL LINKAGES			
S#	MoUs formulated/created	Name of Agencies/Departments involved	Year of MoU
1	The Primary purpose of this MOU is to strengthen relations, promote partnership and enhance active cooperation between the PPO and ISCS to conduct awareness raising sessions for the students and faculty members and internship opportunities for BS Criminology students.	Parole and Probation Office, Home Department Lahore	26 October, 2024
2	To provide hands on training and internship opportunities for BS Workplace and Health Safety and Promotion students.	Rescue 1122 Office	13 September, 2023
3	To provide hands on training and internship opportunities for BS Human Nutrition and Dietetics students.	With various hospitals like LG hospital, SZMH, Jinnah Hopsital.	16 June 2023
4	The Primary purpose of this MOU is to strengthen relations, promote partnership and enhance active cooperation between the MRCs and ISCS to conduct awareness raising sessions for the students and faculty members on safe migration.	Migrant Resource Centre (MRC) Pakistan	20 October, 2022
5	Mutual facilitation for joint research seminars, workshops, conferences from the collaboration within program cooperation. Joint research advocacy and capacity building projects.	Information (RTI), Civic Education and Rule of Law	26 October, 2022
6	The purpose of this collaboration was to calibrate, improve and design the services offered by Punjab Police based on evidence generated through evolution of its current and future services.	Punjab Police Department Research & Development Branch (RDB)	20 January, 2022
7	The main purpose of this collaboration was providing platform for scholarly exchange of knowledge on issues related to peace, security and human rights. Involving students in human rights and counter violent extremism related and advocacy campaigns. Joint research, advocacy and capacity building projects.	Sustainable Social Development Organization	27 July, 2022
8	This MOUs purpose for permitting to collect data on health profiling of children aged 8-14 years for children at	SOS Children's Villages Pakistan	06 February, 2022

	SOS. The initial scope of this collaboration involves benefit and exposure for the children of SOS projects in Lahore by the Department of Public Health University of Punjab.		
9	The purpose of this collaboration will be to calibrate improve and design the services offered by Punjab Police based on evidence generated through evolution of its current and future services.	The Research & Development Branch (RDB), Central Police Office, Punjab, Lahore	20 November, 2020
10	To conduct clinical trial. The responsible parties will be the dean for Research and Research impact at Barts and the London School of Medicine and Dentistry, Queen Mary University of London and the Director ISCS.	International Collaboration of Punjab University with Queen Mary University of London	11 November, 2020
11	The purpose of this MOU to involving students in SDGs related advocacy campaigns, developing cross-sectoral and responsible leadership. Joint Research Projects, Facilitation in collaboration with other relevant organizations.	Sustainable Social Development Organization (SSDO)	05 October, 2020
12	Faculty from University of Leeds visited University of the Punjab and provided training on curriculum development. Joint conference was arranged under the agreement. Under this agreement, University of the Punjab initiates BS program in Social Policy and Social Entrepreneurship with the technical support of University of Leeds.	International Collaboration of Punjab University with Leeds University UK	2022-todate
13	Faculty development program. Faculty from University of the Punjab was provided the opportunity to spend one semester at Arizona State University and strengthen their teaching and curriculum development skills	International Collaboration of Punjab University with Arizona State University, USA	2015-2018
14	Student and Faculty Exchange Program, supervision of students from both countries	International Collaboration of Punjab University with Bielefeld University, Germany	2014-2017
15	Student and Faculty exchange program between 2 universities.	International Collaboration of Punjab University with Erfurt University, Germany	2012-2015

TRAININGS

I have conducted various training sessions for students, medical graduates, healthcare professionals, farmers, reproductive age women of rural communities, and professionals from various fields in the area

of digital health literacy, use of software (SPSS and ANOVA) for data analysis, patient care plan, infection control in hospitals, improving reproductive health of rural women using ICTs, enhancing farming practices of farmers using ICTs etc. Below is the list of some of the trainings:

Place & Date	Title/ Theme Of Training Workshop	Main Activity	Sponsoring Organization
UNICEF 8.07.2023	International Literacy Day 2023		JICA, UNICEF and Govt. of Punjab
Sheikh Zayed Postgraduate Medical Institute, Shaikh Zayed Medical Complex Lahore 19.09.2023 to 20.09.2023	International Conference on Medical Education and Research	Participated as panelist in panel discussion on “Clinical Trial in Pakistan: Developing capacities, collaboration and ethics”	Sheikh Zayed Postgraduate Medical Institute, Shaikh Zayed Medical Complex Lahore
Sughra Begum Center for Education Policy and Development, University of the Punjab, 21.09.2023	A critical assessment of Pakistan Educational Policies	Participated as discussant	Sughra Begum Center for Education Policy and Development, University of the Punjab
Pakistan Pediatrics Association 15-17th Sep 2023	8 th PPA Punjab Annual Scientific Symposium 13 th National Child Rights Conference	Participated as Co-Chair of the session “Managing Child Abuse and Neglect – Health Professionals Leadership Role	Pakistan Pediatrics Association
University of Health Sciences 30.11.23	Inter-professional team-building workshop for healthcare practitioners		University of Health Sciences and Primary and Secondary Healthcare Department
Institute of Business Administration 25.04.2024	3 rd International Conference on Business Administration		Institute of Business Administration

University of Veterinary Sciences 10.05.2024	Seminar on Female Adolescent Domestic Workers Reproductive Health Needs and Challenges Punjab, Pakistan	Presented a paper	University of Veterinary Sciences
Bargad (NGOs) 14.03.2024	Workshop on Orientation of Global Volunteering Standards		Bargad
Online Session 16.05.2024	Stakeholder consultations session for bridging Policy Gaps in Pakistan's food Systems: Pakistan Food System Dashboard		DEMO, Ideas for Impact, Gain & PARC, Islamabad
GERMAN, 16TH MAY, 2022	Health Throughout The Life Course	Trainer on digital health literacy session	European Public Health Authority And Robert Koch Institute
World Health Organization, 26th May, 2021	Emerging issues in Maternal Mortality Measurement during COVID-19	Trainer on use of big data in MNCH	World Health Organization
DRK Pharma Solution 01st March, 2021	“Good Clinical Practices ICHGCP-E6(R2)” training workshop at DRK Pharma Solution	Trainer on medical ethics session	DRK Pharma Solution, Lahore
Finance Department, Government of the Punjab, 15th February, 2021	Pre-Budget Consultation 2021-22	Participated in training session on health and education	Organized by Finance Dept, Government of Punjab with support from the Sub-National Governance Program
21st January, 2021	“Health literacy in School” an education asset in the 21st Century.	Trainer in a session on Digital health literacy for school principals	Organized by UNESCO
Bielefeld University, Germany 09th	FluGe-International workshop on Refugee Health 2020	Gave a training session on “Health Status & Healthcare utilization of Afghan	Bielefeld University, Germany

December, 2020		Refugees in Pakistan”	
Yaran-e-watan UK 3rd October, 2020	“Writing Research Proposal for PhD”	Gave training on “Components of Research Proposal”	APPNE & doctor HERs Education and Training Program for Yaran-e-watan UK
Johns Hopkins University, Baltimore, USA 8th September, 2020	“Therapeutic applications of pluripotent stem cells”	Gave training on social aspects of stem cell research in Pakistan.	Jinnah burn and Reconstructive surgery center (JB&RSC), center for excellence in molecular biology and Johns Hopkins University, Baltimore, USA.
Virtual University of Pakistan 21st August, 2020	“Public Health Policies and Community response towards Covid19”	Gave talk on “Socio-cultural Challenges in implementation of Public Health preventive strategies in Pakistan”.	Virtual University of Pakistan
Barabazar Bikram Tudu Memorial College, Purulia, WB, India 26th July, 2020	“Faculty Development Program on Gender Sensitization”	Gave training session on “Sexual and Reproductive Health Rights in South Asia.”	Women’s Cell and Barabazar Bikram Tudu Memorial College, Purulia, WB, India
Sialkot, 5-7th October 2020	Use of ICTs for improving women’s reproductive health in rural Sialkot	Gave 3 days training to rural women	Women Development Department
Yaran-e-watan UK 5th July, 2020	“Pregnancy and Corona Virus: Challenges and Risks for Pregnant Women”	Training on Contraceptives and breastfeeding practices during the wake of COVID-19 pandemic.	APPNE & doctorHERs Education and Training Program for Yaran-e-watan UK
University of The Punjab 28th March,	Virtual Conference on “Road Map for Combating COVID-19”	Gave training session on “Provision of Social Protection in the wake of COVID-	University of the Punjab

2020		19”	
Marriott Hotel Islamabad 10th March, 2020 to 11th March, 2020	2-Day workshop on “Mental impacts of gender-based violence.”	Gave session on gender-based violence and women’s health issues	Biotechnology & Biological Sciences Research Council, UK
Sheraton Four Points Hotel (Daffodils Hall), Lahore 20th February, 2020	“Inclusion of population dynamics in Pakistan in College and University Level Education”	Training of various university faculty for inclusion	Population Council
University of The Punjab 31st January, 2020	“Research Methodology”	Training workshop on research methods in public health	Collaboration with USA
University of The Punjab 14th January, 2020 to 16th January, 2020	“Writing Research Paper”	Organized 03-Day Training Workshop	Collaboration with Sheffield University, UK
University of The Punjab 06th January, 2020	“Research Methodology”	Organized a Training Workshop	Collaboration with Lock Haven University, USA
University of The Punjab 23rd December, 2019	“Public Health Significance in Contemporary World”	Organized a Training Workshop	Collaboration with Center for Disease Control, USA
University of The Punjab 17th December, 2019 to 18th December, 2019	“Social Entrepreneurship”	Organized a Workshop	Collaboration with Erfurt University, Germany

University of The Punjab 11th-12th November, 2019 & 14th-15th November, 2019	Four-day workshop on “How to write for research funding and PhD a Proposal” in Collaboration with Leeds University, UK	Organized 4-Day Workshop	Institute of Social and Cultural Studies, University of the Punjab
University of The Punjab 30th October, 2019	“Mother, Child Health week”	Organized Training workshop on maternal and child issues	Collaboration with UNICEF
Ministry of Planning, Development and Reform 2nd May, 2019 to 3rd May, 2019	National Consultation on Data, Evidence and Analytical (DEA) for SGDs	Deliver Presentation	Government of Pakistan, Planning & Commission, Ministry of Planning, Development & Reform
University of The Punjab 8th March, 2019	1st National Conference on Public Health. “Our Health our Future”	Gave a training session on infection control in hospitals to healthcare providers	Department of Public Health
PC Hotel, Lahore	Population, Development and Women’s Health		Contech International
University of The Punjab 07th November, 2018 to 08th November, 2018	“Intercultural experiences and perceptions of Europeans about Pakistan”	Organized 2-Day Workshop	Collaboration with Bielfield University, Germany
PC Hotel, Lahore 01st November, 2018 to 02nd November, 2018	Development of National Health policy & provincial strategic framework	Gave a session in the Workshop	Policy & Strategic Planning Unit, Govt. of the Punjab

PC Lahore	Hotel, 18th October, 2018	Challenges Women Face in receiving appropriate response in the Criminal Justice System of Pakistan	Gave a training session on gender based violence in the Workshop	German Federal Foreign Office
Indonesia	09th July, 2018 to 12th July, 2018	33rd AUAP International workshop on “Developing the sustainability of Higher Education Institutions in the Digital Era”		With collaboration of Univesity of Surabaya (UBAYA) and International Association of University Presidents (IAUP)
Uppr Scheme, Laohre	Mall 04th May, 2018	Six Week Common Training Course for Ministerial Staff on “Gender main Streaming in Public Service”	Gave training session on Use of ICTs for women empowerment	Government of the Punjab, Management and Professional Department, Uppr Mall Scheme, Laohre.
University of The Punjab	24th April, 2018	“Writing Conference Paper and Presentation” for faculty members Institute of Social & Cultural Studies	Organized a Workshop	
Hotel Grand, Lahore	Luxus 10th April, 2018	Provincial Consultative Workshop on “SDG-3 localization of Indicators and Targets for Punjab”	Participated as guest In the event	Government of the Punjab Policy and Strategic Planning Unit
Hotel Islamabad	Margala 31st March, 2018	Linking Patient outcomes to Education and Training	Training on patient care	Collaboration of Association for Excellence in Medical Education and Pakistan Association of Private Medical & Dental Institutions
University of The Punjab, Lahore.	30th March, 2018	Six-Day Workshop on “Proposal Development for Young Faculty Members, M.Phil. and Ph.D. Scholars on Academic Writing”	Training on proposal writing	Institute of Social & Cultural Studies
23rd November,		International Conference on “Gender, Human	Participated in discussion and shared	

2017 to 24th November, 2017	Rights & Islam. Attitude of Husbands towards wife battering: An exploratory study of rural vicinities of south Punjab, Pakistan”.	my experiences on the topic	
Punjab Innovation Fund for Family Planning, 20th August, 2017	“E-Health and Family planning in Consultative session on Innovation for Population Development”	Gave training session on E-Health and Family planning	Punjab Innovation Fund for Family Planning
FMH College of Medicine & Dentistry 23rd September, 2016	Workshop on “SPSS Analysis”	Give training on use of SPSS for analysis of health data	FMH College of Medicine & Dentistry
DAAD Information Centre Islamabad 22nd April, 2016	workshop on “Academic Writing”	Give a training session on research idea to research question and developing theoretical concepts.	DAAD information Centre Islamabad.
University of The Punjab 9th February, 2015 to 11th February, 2015	3-Day International Journalist workshop	Organized a series of skill building training workshops for journalists	ICFJ, Washington DC
Bielefeld University, Germany 4th November, 2013 to 22nd November, 2013	Winter school on “Violence Research and Development”	Delivered training session on violence research in the area of Gender-based violence	BMZ, Germany
Bielefeld University	Internationalen Abend bei der Schülerakademie	Shared my experiences of living and studying in	Das SchülerInnen-Büro International office,

7th April, 2010		Germany as well as abroad with groups of high school scholars	Bielefeld University
Filmhaus Bielefeld 7th March, 2010	Frauen film tage Bielefeld Shame—Die Schuld eine Frau zu sein	Participated as guest speaker In the event	Terre Des Femmes Stadtgruppe Bielefeld
ZiF Bielefeld University 11th February, 2010 to 12th February, 2010	Cluster Initiative Workshop on “Gesellschaftliche Integration: Ursachen und Knotrolle von Gewalt”		Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität Bielefeld
Bielefeld University 23rd January, 2010	Workshop for Young researchers	Training on quantitative research	Gender Studies (Interdisziplinär Geschlecht Forschung) Bielefeld University
Jugendgästehaus und Bildungszentrum Bielefeld University 1st October, 2009 to 2nd October, 2009	Workshop on “Gesellschaftliche Integration: Ursachen und Knotrolle von Gewalt”	Presented paper on “Domestic violence against women: Implications on women’s health and their social integration”	Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität Bielefeld

PARTICIPATION IN CONFERENCES/ SEMINARS/ WORKSHOPS

PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
GERMAN, 16TH MAY, 2022	HEALTH THROUGH THE LIFE COURSE	Participated in discussion	European Public Health Authority And Robert Koch Institute	DR. ORKAN OKAN
BRUSSEL, BELGUIM, 10-12TH NOVEMBER, 2021	14TH EUROPEAN PUBLIC HEALTH CONFERENCE	Presented paper titled	European Health Management Association	DR. ROBERT KLARECKI
World Health Organization, 26th May, 2021	Emerging issues in Maternal Mortality Measurement during	Participated in Discussion	World Health Organization	Dr Yahyia Gulzar, WHO

COVID-19					
Avari Hotel, Lahore 17th March, 2021	“Equality and inclusion of marginally communities in Higher Education: Opportunity and challenges.	Participation in Panel discussion in Conference	Avari Hotel	Sabiha Arshad, Burgud	
University of The Punjab 08th March, 2021 to 09th March, 2021	Contemporary Gender Issues: Challenges and Opportunities	Chaired a Session of Conference		University of The Punjab	
University of The Punjab 05th March, 2021	Women’s Day Seminar on “Gender based violence as Public Health Issue	Organized seminar	University of The Punjab	ISCS, University of The Punjab	
DRK Pharma Solution 01st March, 2021	“Good Clinical Practices ICHGCP-E6(R2)” training workshop at DRK Pharma Solution	Participated in Discussion	DRK Pharma Solution, Lahore	Dr. Atif, DRK	
Finance Department, Government of the Punjab, 15th February, 2021	Pre-Budget Consultation 2021-22		Organized by Finance Dept, Government of Punjab with support from the Sub-National Governance Program	Ms Fouzia Waqar, SNG	
21st January, 2021	Webinar on “Health literacy in School” an education asset in the 21st Century.		Organized by UNESCO	Prof. Dr. Kevin Dadaczynski, Germany	
LUMS University 20th January, 2021	Webinar on “Round Table discussion: Impact of Covid-19 and inflation on low-income household.”		Organized by Kashf Foundation and LUMS	Dr. Hadia Majid, LUMS	
Bielefeld University, Germany 09th December, 2020	FluGe-International Conference Refugee Health 2020	Presented Paper on “Health Status & Healthcare utilization of Afghan Refugees in Pakistan”	Bielefeld University, Germany	Prof. Dr. Alexander Kraemer, Germany	
Yaran-e-watan UK 3rd October, 2020	Webinar on “Writing Research Proposal for PhD”	Gave lecture on “Components of Research Proposal”	APPNE & doctor HERs Education and Training Program for Yaran-e-watan UK	Dr Parveen Ali, UK	
Johns Hopkins University,	Webinar on “Therapeutic	Discussed the social aspects	Jinnah burn and Reconstructive	Prof. Dr Moazzam	

Baltimore, USA 8th September, 2020	applications of pluripotent stem cells”	of stem cell research in Pakistan.	surgery center (JB&RSC), center for excellence in molecular biology and Johns Hopkins University, Baltimore, USA.	Nazeer Tarar
Virtual University of Pakistan 21st August, 2020	Webinar on “Public Health Policies and Community response towards Covid19”	Gave talk on “Socio-cultural Challenges in implementation of Public Health preventive strategies in Pakistan”.	Virtual University of Pakistan	Prof. Dr. Najma Najam
Barabazar Bikram Tudu Memorial College, Purulia, WB, India 26th July, 2020	“Online Faculty Development Program on Gender Sensitization” organized by	Gave lecture on “Sexual and Reproductive Health Rights in South Asia.”	Women’s Cell and Barabazar Bikram Tudu Memorial College, Purulia, WB, India	Dr Goutam Karmakar, India
Yaran-e-watan UK 5th July, 2020	Webinar on “Pregnancy and Corona Virus: Challenges and Risks for Pregnant Women”	Talked about contraceptives and breastfeeding practices during the wake of COVID-19 pandemic.	APPNE & doctorHERs Education and Training Program for Yaran-e-watan UK	Dr. Nadia Bokhari
University of The Punjab 28th March, 2020	Virtual Conference on “Road Map for Combating COVID-19”	Presented thoughts on “Provision of Social Protection in the wake of COVID-19”	University of the Punjab	Prof. Dr. Mumtaz Anwar
Marriott Hotel Islamabad 10th March, 2020 to 11th March, 2020	Presented paper in 2-Day Conference on “Mental impacts of gender-based violence.”	Participated and Presented Paper	Biotechnology & Biological Sciences Research Council, UK	Dr. Parveen Ali, UK
Sheraton Four Points Hotel (Daffodils Hall), Lahore 20th February, 2020	Consultative Meeting on “Inclusion of population dynamics in Pakistan in College and University Level Education”	Participated in Discussion	Population Council	Ali Mir, Population Council, Islamabad
University of The Punjab	Recent updates on Tuberculosis and Novel	Organized and	University of The Punjab	Prof. Dr. Adrian

18th February, 2020	Corona Virus	inaugurated a Seminar			Martineau
University of The Punjab 13th February, 2020	Women's Economic Empowerment: Evidence based policy	Moderate a Panel Discussion on Symposium	Punjab University Law College, Lahore		Prof. Dr. Mumtaz Anwar
University of The Punjab 31st January, 2020	"Research Methodology"	Organized a Workshop	Collaboration with USA		Dr. Carlos Mestres, MD
University of The Punjab 14th January, 2020 to 16th January, 2020	"Writing Research Paper"	Organized 03-Day Workshop	Collaboration with Sheffield University, UK		Prof. Dr. Stevin Granich
University of The Punjab 06th January, 2020	"Research Methodology"	Organized a Workshop	Collaboration with Lock Haven University, USA		Prof. Dr. Stevin Granich
University of The Punjab 23rd December, 2019	"Public Health Significance in Contemporary World"	Organized a Workshop	Collaboration with Center for Disease Control, USA		Dr. Muazzam Nasrullah
University of The Punjab 17th December, 2019 to 18th December, 2019	"Social Entrepreneurship"	Organized a Workshop	Collaboration with Erfurt University, Germany		Prof. Dr. Husnain Bukhari
Ministry of Human Rights 26th November, 2019	Government of Punjab and UN Women Pakistan	Invited as a guest	Governor House, Lahore		Ministry of Human Rights
University of The Punjab 13th November, 2019	International Conference on "Religion and Society: Creating tolerance through Socio-religious Harmony" in collaboration of Leeds University, UK	Organized Conference	Institute of Social and Cultural Studies, University of the Punjab		Dr. Yasmeen Husain, Leeds University, UK
University of The Punjab 11th-12th November, 2019 & 14th-15th November, 2019	Four-day workshop on "How to write for research funding and PhD a Proposal" in Collaboration with Leeds University, UK	Organized 4-Day Workshop	Institute of Social and Cultural Studies, University of the Punjab		Dr Yasmin Hussain, UK
University of	"Mother, Child Health	Organized	Collaboration with		Dr.

The Punjab 30th October, 2019	week”	and Presented Paper in Seminar	UNICEF	Mussarrat Youssuf, UNICEF
University of The Punjab 24th October, 2019	“Polio Free Pakistan” on World Polio Day	Organized and Presented Paper in Seminar	Collaboration with UNICEF	Dr. Attiya, UNICEF
University of The Punjab 07th October, 2019 to 08th October, 2019	“Corruption Awareness”	Organized a Seminar	Collaboration with NAB	Mr Sajjid, NAB
6th October, 2019	A conference on “Education for All: The Leap to Gender Equality”	Participated as a guest	Idara-e-Taleem-o-Aagahi (ITA)	Baela Raza Jamil CEO
University of The Punjab 04th October, 2019	Unchecked population growth to affect economic development	Organized a Seminar	Collaboration with UNFPA and Population Council	Shoaib Shahzad, UNFPA
University of The Punjab 12th September, 2019	Kashmir issue in collaboration with Jammu Kashmir Solidarity movement Organization	Participated in Discussion in Seminar	University of The Punjab	
Virtual University of Pakistan, Lahore 17th June, 2019 to 18th June, 2019	National Conference – cum- Symposium on “Research in Pakistani Universities: Standards and Practices”	Participated as Moderator	Virtual University	
University of The Punjab 31st May, 2019	“Tobacco leading to Cancer”	Organized a Seminar	Collaboration with Prof. Dr. Shahryar, Oncologist	Prof. Dr. Shahryar, Oncologist
Ministry of Planning, Development and Reform 2nd May, 2019 to 3rd May, 2019	National Consultation on Data, Evidence and Analytical (DEA) for SGDs	Deliver Presentation	Government of Pakistan, Planning & Commission, Ministry of Planning, Development & Reform	Shahid Naeem Chief SGDs
University of The Punjab 26th April, 2019	“Nasa Engineer Urges Girl to reach for the Stars”	Organized a Seminar	Collaboration with US Consulate Lahore and NASA’S Kennedy Space Center, USA	
University of The Punjab 25th April, 2019	1st National Conference on “Debate in Contemporary Gender Studies”	Invited as a guest	Department of Gender Studies, University of the Punjab, Lahore	
University of Health	Rapid Assessment of CRVS Legislation	Deliver a lecture	University of Health Scieinces, Lahore	

Sciences, Lahore 22nd April, 2019					
University of The Punjab 12th April, 2019	“Curbing Cyber Harassment against Women”	Organized and Inaugurated a Seminar		University of The Punjab	
University of The Punjab 8th March, 2019	1st National Conference on Public Health. “Our Health our Future”	Organized Conference		Department of Public Health	Prof. Dr. Rubeena Zakar (Director ISCS)
University of The Punjab 04th March, 2019	“Child Marriages must end to avoid Cervical Cancer”	Organized a Seminar		University of The Punjab	
University of The Punjab 08th February, 2019	“Self-Examine in detection of early diagnosis of Breast Cancer”	Organized a Seminar		Collaboration with Pink Ribbon	
University of The Punjab 25th January, 2019	1st National Conference on Education Policy & Development 2019 on “Education for Social Justice and Quality System”	Organized 1st International Conference		Sughra Begum Center for Education Policy & Development (ISCS)	Prof. Dr. Rubeena Zakar (Director ISCS)
PC Hotel, Lahore	Population, Development and Women’s Health			Contech International	Dr. Naeemu-din-Miana
University of The Punjab 19th December, 2018	“National Working Women’s Day”	Organized and Inaugurated a Seminar		Collaboration with Association for Gender Awareness & Human Empowerment (AGAHE)	
University of The Punjab 07th November, 2018 to 08th November, 2018	“Intercultural experiences and perceptions of Europeans about Pakistan”	Organized 2-Day Workshop		Collaboration with Bielfield University, Germany	Peter Josef Boeck
PC Hotel, Lahore 01st November, 2018 to 02nd November, 2018	Development of National Health policy & provincial strategic framework	Participated in Discussion on Workshop		Policy & Strategic Planning Unit, Govt. of the Punjab	
PC Hotel, Lahore 18th October,	Challenges Women Face in receiving appropriate response in	Presented Paper in Workshop		German Federal Foreign Office	

2018	the Criminal Justice System of Pakistan				
University of The Punjab 07th September, 2018	“Water and Sanitation rights and role of youth”	Organized a Conference	Collaboration with WASH, UNICEF		
Indonesia 09th July, 2018 to 12th July, 2018	33rd AUAP International Conference on “Developing the sustainability of Higher Education Institutions in the Digital Era”		With collaboration of Univesity of Surabaya (UBAYA) and International Association of University Presidents (IAUP)	Association of Universitie s of Asia and Pacific	
Indus Hall, Avari Hotel Lahore 12th May, 2018 to 13th May, 2018	International Conference on “Pakistan Futures: Imagination, Impact & Dialogue”	Presented paper on “Legitimizat ion of Violence against Women in Pakistan”	Collaboration of Arizona State University and University of the Punjab, Lahore	Arizona State University	
University of the Punjab, Lahore 04th May, 2018	Seminar on “Discover the Marvels of Cyberspace”	Participated as guest in this event	Institute of Social and Cultural Studies	ISCS	
Office of Research Kinnaird College for Women 24th April, 2018 to 28th April, 2018	1st International Workshop on “Engaging Communities through Museum and Heritage in Pakistan”	Participated in discussion and shared my experiences on the topic	Collaboration of Office of Research Kinnaird College for Women and ICOM Pakistan and ICOM-ICME Cooperation	Director, Kinnaird College for Women	
University of The Punjab 24th April, 2018	“Writing Conference Paper and Presentation” for faculty members Institute of Social & Cultural Studies	Organized a Workshop			
University of the Punjab, Lahore 24th April, 2018	Prevention and Control of Hepatitis B&C and Infection.	Organized a Seminar	Office of Research Innovation & Commercialization	Dr. Farah Rauf Shakoor Director, ORIC	
University of the Punjab, Lahore 20th April, 2018	A seminar on “Role of Reading in personality development”	Participated as guest In the event	Department of Information and Management Sciences	Dr. Fouzia Waqar, Chairperso n Punjab Commissio n on Women	
University of the Punjab,	Seminar on “Awareness Campaign on Gender	Organized a Seminar	The Punjab Commission on the		

Lahore 18th April, 2018	Equality & Women's Rights"		Status of Women Government of the Punjab	
Punjab Higher Education Commission (HEC), Lahore 12th March, 2018 & 16th April, 2018	Evaluate the Conference Proposals for grant of funding	Participated in discussion and Commented in Expert Review Committee Meeting	HEC, Islamabad	
Hotel Luxus Grand, Lahore 10th April, 2018	Provincial Consultative Workshop on "SDG-3 localization of Indicators and Targets for Punjab"	Participated as guest In the event	Government of the Punjab Policy and Strategic Planning Unit	Program Director Policy and Strategic Planning Unit
University of The Punjab, Lahore. 05th April, 2018	International Symposium: "DNA in Crime Investigation:	Participated as guest In the event	Al -Razi Hall, Undergraduate Block	Dr. Nadeem Sheikh Director CAMP
University of The Punjab, Lahore. 05th April, 2018	Seminar on Pakistan Maritime Affairs: Prospects & Challenges	Participated as guest In the event	Collaboration of Centre for South Asian Studies and Department of Political Science	Prof. Dr. Umbreen Javiad Director
University of The Punjab, Lahore. 05th April, 2018	Seminar on "A reflection on Indian Atrocities in occupied Kashmir Pakistan"	Participated as guest In the event	Collaboration of Centre for South Asian Studies and Department of Political Science	Prof. Dr. Umbreen Javiad Director
University of The Punjab, Lahore. 3rd April, 2018	One Day Seminar on "Cancer Prevention Through Healthy Lifestyle"	Organized a Seminar and shared my experiences on the topic	Institute of Social & Cultural Studies	Dean, Faculty of Behavioural & Social Sciences
Hotel Margala Islamabad 31st March, 2018	Main Conference on Linking Patient outcomes to Education and Training	Participated in discussion and shared my experiences on the topic	Collaboration of Association for Excellence in Medical Education and Pakistan Association of Private Medical & Dental Institutions	Prof. Dr. Umar Ali Khan Pro Vice Chancellor Isra University & Secretary General AEME
University of The Punjab, Lahore. 30th March, 2018	Six-Day Workshop on "Proposal Development for Young Faculty Members, M.Phil. and Ph.D. Scholars on	Participated in discussion and shared my experiences on the topic	Institute of Social & Cultural Studies	Dean, Faculty of Behavioural & Social Sciences

	Academic Writing”			
Department of Special Education University of the Punjab, Lahore 24th March, 2018 to 26th March, 2018	1st International Conference on Research in Special Education	Participated as Chief guest In this event	Collaboration of Department of Special Education, HEC, Punjab Higher Education Commission	Dr. Humara Bano, Conference Secretary
Crystal Hall, Pearl Continental, Lahore. 21st March, 2018	Keynote Addresses in International Conference on Governance, Management & HR: Strategic directions	Participated in discussion and shared my experiences on the topic	Institute of Administrative Sceinces	Prof. Dr. Nasira Jabeen, Dean, Faculty of Economics & Managem nt Sciences
Crystal Hall, Pearl Continental, Lahore. 20th March, 2018	Inaugural Session of International Conference on “Governance, Management & HR: Strategic directions”	Participated in discussion and shared my experiences on the topic	Institute of Administrative Sceinces	Prof. Dr. Nasira Jabeen, Dean, Faculty of Economics & Managem nt Sciences
University of the Punjab, Lahore. 12th March, 2018	Launching Ceremony of Diploma in Indian Studies	Give a talk on Indian Studies	Centre for South Asian Studies	Prof. Dr. Umbreen Javaid
06th March, 2018 to 07th March, 2018	To participate in 2nd International Conference on ERSED 2018	Presenting Research Paper	Inter continental Regency, Manama – Bahrian.	
28th February, 2018 to 01st March, 2018	To attend Two Day International Conference on “Working within and against the structures: Women, Media and Transnational perspective”.	Participated in discussion and shared my experiences on the topic	IAS, University of the Punjab, Lahore.	IAS
University of the Punjab, Lahore, 27th February, 2018 to 01st March, 2018	38th Pakistan Congress of Zoology and celebration of Golden Jubilee of Zoological Society of Pakistan	Participated in discussion and shared my experiences on the topic	Department of Zoology	Prof. Dr. Javed Iqbal Qazi Chairman
University of The Punjab	To attend One Day International	Participated in discussion	Al-Razi Hall, Undergraduate	ICS, University

27th February, 2018	Conference on “World Trends in Freedom of Expression & Media Development: A Pakistan perspective on UNESCO report”.	and shared my experiences on the topic	Studies, University of the Punjab, Lahore.	of Punjab, Lahore.
University of The Punjab, Lahore 07th February, 2018	A conference on “Microbiology & Molecular Genetics”	Participated in discussion and shared my experiences on the topic	Department of Microbiology & Molecular Genetics	Prof. Dr. Anjun Nasim Sabri Chairperson
Shalamar Medical & Dental College. 3rd February, 2018 to 4th February, 2018	To Attend 2nd International Conference on “Health Issues”	Give a talk on health issues.	Shalamar Medical & Dental College.	Mr. Zaheer-uddin Shalamar Medical & Dental College.
University of The Punjab 25th January, 2018	“Education policy & Development”	Organized a National Conference	Collaboration with PEP Foundation, USA	
Senate Hall, King Edward Medical University, Lahore 18th January, 2018	4nd Meeting of the Syndicate of KEMU, Lahore	Participated in discussion and provide suggestion	Senate Hall, King Edward Medical University, Lahore	
20th December, 2017 to 22nd December, 2017	18th Annual Population Research Conference: Population Growth and Investing in Human Resource Development	Presented paper on Tracking Pakistan Progress on Family Planning 2020 pledge.	Government College University Lahore	Population Association of Pakistan
University of The Punjab, Lahore 28th November, 2017	Awareness Seminar on Self-examine for screening of Breast Cancer	Organized the Seminar	Institute of Social & Cultural Studies	
23rd November, 2017 to 24th November, 2017	International Conference on “Gender, Human Rights & Islam. Attitude of Husbands towards wife battering: An exploratory study of rural vicinities of south Punjab, Pakistan”.	Participated in discussion and shared my experiences on the topic		

University of The Punjab, Lahore 08th November, 2017	Consultative Workshop on “Gender Assessment Study and Strategy Development Report”	Give a talk on Gender Assessment Study and Strategy Development	Institute of Social & Cultural Studies	
Punjab Commission on the status of Women, Lahore 03rd November, 2017	Stakeholders Consultation, Govt of Punjab, P&DD guidelines regarding formulation of ADP (2018-19)	Participated in Discussion	Govt. of the Punjab	
University of Bielefeld, Germany 20th October, 2017	Symposium- Global Health – Hot Topics for the Future	Presented paper: Urban vs rural domestic violence against women in Punjab, Pakistan	University of Bielefeld, Germany	Prof. Alexander Kramer
University of The Punjab, Lahore 14th October, 2017	Graduation Ceremony on “Education is the key to success in life, and teachers make a lasting impact in the lives of their students”.	Organized this Event	Institute of Social & Cultural Studies	
University of the Central Punjab 22nd May, 2017	How to promote the culture of Quality PHD education in Pakistan	Participated in Seminar Discussion	University of the Central Punjab	
University of The Punjab 25th April, 2017	BSL1 Design, Budget & working: A Competition.	Participated in Workshop Discussion	University of The Punjab	
Government of Punjab, Bureau of Statistics 31st January, 2017	Second Consultative Workshop on “Multiple Indicator Cluster Survey (MICS) Punjab 2017.”	Participated in discussion and shared my experiences on the topic	Auditorium of Punjab Medical College, Faislabad	Ch. Sajid Rasul Director General
University of the Punjab, Lahore 17th January, 2017	Orientation / Consultative Workshop with Law Firms/Chambers	Participated in discussion and shared my experiences on the topic	Univresity of the Punjab, Lahore	
Islamabad Margla Hotel 21st December, 2016 to 22nd	Consultative Meeting on “Analysis of Linkages between Art and Culture &	Participated in discussion and shared my experiences	Denish Centre for Culture and Development, Quetta	

December, 2016	Sustainable Development and Peace and reconciliation in Pakistan.”	on the topic		
University of The Punjab, Lahore 22nd November, 2016	Awareness Seminar on “Self-examine for screening of Breast Cancer”	Organized the Seminar	Institute of Social & Cultural Studies	
Lahore College for Women University, Lahore. 14th November, 2016 to 16th November, 2016	To attend 1st International Conference of Gender Studies on “Global Gender Perspective”	Present a paper related to Gender health, Issues in Leadership and Entrepreneurship, education & learning, violence, harassment and Trafficking.	Lahore College for Women University, Lahore.	Prof. Dr. Sarah Shahed Chief Organizer
Government of Punjab, Planning & Development Board 29th June, 2016	Workshop on “Prevention and Control of Hepatitis and Infection.”	Give a talk on Hepatitis B, and Hepatitis C	Planning & Development Auditorium	Health Section P&D Department
Denish Centre for Culture and Development, Quetta 02nd June, 2016	One Day Consultative Meeting on “Analysis of Linkages between art and Culture & Sustainable Development and Peace and reconciliation in Pakistan.”	Participated in discussion and shared my experiences on the topic	Denish Centre for Culture and Development, Quetta	
Institute of Administrative Sciences, University of the Punjab, Lahore 19th May, 2016	To attend a national conference on “Emerging trends in Governance and Management in Pakistan”	Participated as guest speaker In the event	Institute of Administrative Sciences, University of the Punjab, Lahore	Prof. Dr. Nasira Jabeen Dean, Faculty of Economics & Management Sciences
HEC, Islamabad 07th April, 2016	To attend 1st award Ceremony on “Pink Ribbon Youth Awareness Drive 2016.”	Give a talk on youth awareness Drive	HEC head Office, Islamabad	Omer Aftab CEO
University of The Punjab,	International Conference on “A role	Organized conference	Institute of Social and Cultural	

Lahore 18th April, 2015	for family and woman in a peaceful society”		Studies.		
University of The Punjab, Lahore 26th March, 2015	Violence in Pakistan: Challenges and Perspectives	Organized the conference	University of The Punjab		Dr. Boris Wilke
University of The Punjab 13th March, 2015 to 15th March, 2015	3-Day International Journalist workshop	Organized the events	ICFJ, Washington DC		Elisa Tinsely
University of The Punjab, Lahore 12th March, 2015	National Forum on “Higher Education 2015: Role of Industry in Higher Education”	Organized the conference	PEP Foundation, USA		Dr. Khalid Iqbal
Bielefeld University, Germany 16th November, 2014 to 24th November, 2014	Violence and development	Give a talk on legitimization of violence against women	BMZ, Germnay		Prof. Heitmeyer
Erfurt University, Germany 2nd August, 2014 to 9th August, 2014	“Role of Social Media in Youth development”	Participated in discussion	DAAD, Germany		Prof. Dr Malik
University of The Punjab, Lahore 9th April, 2014 to 11th April, 2014	Mid-term workshop on “Violence Research and Development”	Give a talk on Gender, violence and health	BMZ, Germnay		Dr. Boris Wilke
University of The Punjab, Lahore 20th March, 2014	International Conference on “Higher Education: Challenges and opportunities”	Organized the conference	PEP Foundation, USA		Dr. Khalid Iqbal
Hospitality Inn Lahore, 25-26 Egerton Road, Lahore. 30th June, 2013	Launching Ceremony on “Aawaz Voice & Accountability Program 2012-2017 District Lahore.”		Hospitality Inn Lahore, 25-26 Egerton Road, Lahore.		
Bielefeld 17th November, 2012 to 22nd	Conference on “Violence research and development”				Prof. Dr. Wilhelm Heitmeyer

November, 2012				
Quaid-E-Azam University, Islamabad. 27th April, 2012 to 29th April, 2012	“The Emerging issues of Social Sciences in Pakistan”	Presented paper on “Harnessing Information Technology to improve Women’s Health Information”	Quaid-e-Azam University, Islamabad	
Mainz 26th September, 2011 to 29th September, 2011	DGEpi Conference 2011	Presented one paper on: Determinants of maternal health care service utilization in Pakistan	Gesellschaft für Epidemiologie (DGEpi)	
Berlin, 22nd September, 2010 to 24th September, 2010	Conference 2010 on “Individual Prevention and Epidemiology: The Modern Medicine”	Presented one paper on Domestic violence in Pakistan: Implications for women’s health	Dt. Gesellschaft für Sozialmedizin und Prävention Dt. Gesellschaft für Epidemiologie European Union of Medicine in Assurance and Social Security	Dr. Martin Schlaud
Bielefeld University 7th September, 2010	Young researchers meeting	Participated in discussion on gender issues	Gender Studies (Interdisziplinär Geschlecht Forschung) Bielefeld University	Dr. Monika Schröttle
Bielefeld University 14th July, 2010	Guest lecture on “Academic freedom in high violence societies”	Participated in discussion and shared my experiences on the topic	Faculty of Health Sciences, Bielefeld University	Prof. Alexander Krämer
Bielefeld University, 12th July, 2010 to 23th July, 2010	“Visit of Professor of University of The Punjab Pakistan”	Arranged meetings of professor with different University Faculties	International Office, Bielefeld University	Frau Beatrice Künzel, International Office, Bielefeld University
ZiF Bielefeld University 28th June, 2010 to 30th June, 2010	“Human dignity and medical technology”	Participated in discussion	ZiF, Bielefeld University	Dr. Ralf Stoecker
ZiF Bielefeld University 16th June, 2010	“Conflict, peace and violence”	Participated in discussion	Faculty of Education Science, Bielefeld University	Prof. Dr. Andreas Zick

to 18th June, 2010				
Mercure Hotel, Bielefeld 10th May, 2010 to 14th May, 2010	International research conference on “Youth, Institutions and Violence: Challenges for social integration”	Presented paper on “Violence in domestic sphere: Youth as victim, perpetrator, and witness”	International Platform for Violence research, Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität Bielefeld	Prof. Dr. Wilhelm Heitmeyer
Bielefeld University 18th March, 2010	Guest lecture on “An exploratory analysis of serial rape in South Africa”	Participated in discussion and gave technical input	Faculty of Psychology and Sport Sciences, Bielefeld University	Prof. Gerd Bohner
Bielefeld University, 11th March, 2010 to 12th March, 2010	Visit of delegation of Gujrat University Pakistan	Arranged meetings of delegation with different University Faculties	International Office, Bielefeld University	Frau Monika Böckermann , International Office, Bielefeld University
Bielefeld University 23rd November, 2009	International symposium: The challenges of education for peace and tolerance towards the “others”.	Participated in discussion	Faculty of History Philosophy and Theology, University of Bielefeld	Prof. Dr. Henrich Shaffer, Bielefeld University, germany
Bielefeld University 14th September 2009	Meeting of Cluster Initiative on “Societal Integration: Causes and Control of Violence (Gesellschaftliche Integration: Ursachen und Knotrolle von Gewalt)	Presented paper on “Domestic violence against women: An overview of cause analysis, forms, impact assessment and coping strategies”	Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität Bielefeld	Prof. Dr. Wilhelm Heitmeyer
CeBitech Building, Bielefeld University 8th July, 2009	Programme for the Indian delegation’s visit to Bielefeld University	I have shared my experiences of living and studying in Bielefeld with members of Indian delegation	International office, Bielefeld University	Dr Anna Spiegel
Bielefeld	Health Consequences	Participated in	Gender Studies	Prof Dr

University 4th June, 2009	of Violence and its relevance to Public Health Research	discussion	Interdisziplinär Bielefeld University	Hornberg
Bielefeld University 23rd April, 2009	Gender and Violence— Quantitative Findings of Research on Risk factors from Violence	Participated in discussion	Gender Studies Interdisziplinär Bielefeld University	Dr Monika Schrötte
Berlin 17th April, 2009 to 19th April, 2009	Forum von und für Stipendiat/inn/en beim Einführungsseminar “Ansichten einer Stiftung”	Presented findings of my dissertation	Heinrich Böll Stiftung in Berlin	Dr. Justus Lentsch

LANGUAGES

LANGUAGE	READ	WRITE	SPEAK	CERTIFICATE OBTAINED
English	Excellent	Excellent	Excellent	
German	Good	Good	Good	B-2 level
Urdu	Excellent	Excellent	Excellent	

COUNTRIES VISITED

NAME	DATE	DURATION	PURPOSE OF VISIT
United States of America	2003-2004	1 year	Study Tour
	2016	3 weeks	University collaboration
	2017	2 weeks	University collaboration
Germany	2006-2012	6 years	PhD Studies and Teaching
	2016	2 months	Faculty exchange program
	2017	2 months	Faculty exchange program

REFERENCES

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 Statesboro, GA 30460, USA
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- 3. PROF. DR. DORIS SCHAEFFER**
 Position: Professor and Head of Institute of Public Health Nursing &
 Health Sciences Research
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